



REPORT TO: East Lothian Integration Joint Board

MEETING DATE: 25 June 2020

BY: Chief Officer

SUBJECT: 2020-21 Directions

1 PURPOSE

- 1.1 To update the East Lothian Integration Joint Board on the plans to review the suite of Directions to ensure they are relevant to policy and service delivery requirements in the short and longer term arising from the current COVID-19 outbreak.

2 RECOMMENDATIONS

The IJB is asked to:

- 2.1 Note the attached summary of the impact of COVID-19 on Directions (appendix 1).
- 2.2 Agree that the Change Boards should be asked to formally review all current Directions and to make recommendations for any new Directions to deliver continuing priorities and any new priorities arising from COVID-19 or Government and partner policies.
- 2.3 Accept that the Scottish Government relaxation of deadlines will delay completion of planned work related to Directions, including the review of the Integration Scheme, the production of the IJB Annual Performance Report for 2019-20 and review of the Primary Care Improvement Plan.
- 2.4 Accept that some completed service reviews will need to be revisited in view of changes imposed by COVID-19 action.

3 BACKGROUND

- 3.1 The Public Bodies (Joint Working) (Scotland) Act 2014 requires Integration Authorities to develop a Strategic Plan for integrated functions and budgets under their control. The mechanism for East Lothian Integration Joint Board (IJB) to action the Strategic Plan are

binding 'Directions' from the Chief Officer to one or both of NHS Lothian and East Lothian Council.

- 3.2 Directions must be considered and enacted in a genuine spirit of partnership working between the IJB, East Lothian Council and NHS Lothian and without creating financial turbulence and instability in service delivery. This principle has applied through all iterations of the East Lothian IJB Directions and must apply through the current period of uncertainty.
- 3.3 The arrival of COVID-19 brought unforeseen circumstances in terms of restrictions on local service delivery arrangements and concerns about the possibility of greatly increased demands on acute services, particularly ITU (Intensive Therapy Unit) beds. This required all Health and Social Care Partnerships in Lothian to suspend much usual business in hospital and community settings in order to comply with restrictions arising from Scottish and UK Government guidance. General Practice across the Lothians also took action to reduce face-to-face contact in GP surgeries. Community Pharmacy in the main continued its service. Community Dental and Optometry services remain temporarily suspended.
- 3.4 Alongside the suspension of certain HSCP services, the IJB took action at its 26th March meeting to initiate a COVID-19 Emergency Recess Procedure for the IJB and for the Audit and Risk Committee. This delegated to the Chief Officer the authority to decide "*...financial priorities and agreeing expenditure, whilst taking into consideration feedback from the Chief Finance Officer, IJB Chair and Vice Chair.*"
- 3.5 Meetings of the East Lothian Strategic Planning Group and the Change Boards were also suspended to allow HSCP staff to focus on planning and delivery of operational priorities. The Change Boards are beginning to come back 'on-stream'.
- 3.6 It is evident that the short and longer term impacts of COVID have implications for the way that the full range of HSCP services are delivered as changes are made to maintain social distancing in all services. There will also be changes in the future arrangements in NHS Lothian's wider outpatient, diagnostic, surgical and treatment services which East Lothian residents access.
- 3.7 In view of the changes that services are undergoing and the possibility of new government, partner and local priorities there is a need for a review by the Strategic Planning Group and Change Boards of the Directions which were agreed in 2019-20.
- 3.8 Such a review will also inform a mid-period consideration of the East Lothian Strategic Plan 2019-22 and the priorities within for the development of health and social care services in the county.
- 3.9 The economic impacts of COVID may be considerable and brings the risk of increasing poverty across East Lothian. Although it is recognised that the west of East Lothian is more deprived, the Strategic

Plan notes that “...50% of people experiencing poor health do not live in the most deprived areas¹.” This emphasises the need to consider the impact of IJB policies and HSCP services on continuing health inequalities across the county.

- 3.10 In terms of IJB business with deadlines in the coming months, consideration needs to be given to delaying completion in recognition of the anticipated reduction in staff capacity as resource is focussed on managing COVID-19 related issues. This will include the review of the Integration Scheme and production of the IJB Annual Performance Report. Existing service reviews, such as Adults with Complex Needs and Transforming Care for Older People will need to be revisited.

4 ENGAGEMENT

- 4.1 The Change Boards will engage with their members and with their respective Reference Groups to consider changes to Directions concerning their service areas and in any planning for service change.

5 POLICY IMPLICATIONS

- 5.1 Changes to Directions or newly introduced Directions will be assessed for any implications for policy.

6 INTEGRATED IMPACT ASSESSMENT

- 6.1 The subject of this report does not affect the wellbeing of the community or have a significant impact on equality, the environment or economy

7 DIRECTIONS

- 7.1 Not applicable

8 RESOURCE IMPLICATIONS

- 8.1 Financial – Any proposed Directions or alterations to Directions that bring increased costs will be assessed for affordability within the current IJB budget.
- 8.2 Personnel – None
- 8.3 Other – None

¹ As defined by the Scottish Index of Multiple Deprivation

8 BACKGROUND PAPERS

9.1 None.

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DATE	10 June 2020

Appendix 1 - East Lothian Integration Joint Board Directions for 2020-21

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Continuing	New for 2019-20	New for 2020-21	COVID-19 related action in 2020-21
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Directions					Budget (Total: £156,537K)	
Directions to NHS Lothian on Delegated Community Health Services					Budget: £32,725K	
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D01h	New Hospital	NHS Lothian to improve the range of locally, easily accessible secondary care services including a relevant range of outpatient and treatment services by finalising delivery of the new East Lothian Community Hospital (ELCH). (revised in 2019-20)	Inpatient hospital services		Upon completion of the hospital a final report will be submitted to the SPG.	<p>The majority of ELCH hospital OPD departments are suspended at present. Only endoscopy clinics are preserved for investigation of suspected cancer.</p> <p>Ward 5 is equipped and flexibly staffed to take patients to reduce pressure on acute services. Of its 20 beds 15 are currently in use.</p> <p>Existing services will be reintroduced on a phased basis in line with any SG guidance.</p> <p>Opportunities will be taken to further extend outpatient,</p>

						treatment and diagnostic services utilising all available technologies to reduce face-to-face appointments where possible.
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Direction to East Lothian Council on Delegated Adult Social Care Services | **Budget: £34,732K**

No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D02f	Health and Housing and Social Care Group	East Lothian Council to better meet people's housing and social care needs through facilitation of the housing and health and social care planning interface group. The group will deliver the key actions and priorities from the 2019-22 Strategic Plan's Housing Contribution Statement, needs assessment and re-provision plans. (revised in 2019-20)	Services and support for adults with Physical disabilities and learning disabilities Social work services for adults and older people Aspects of housing support, including aids and adaptations		The Housing and Social Care Group will report yearly progress against the Housing Contribution statement to the SPG	This work is suspended and will recommence when services resume. The Housing and Social Care Group report is awaited.
D02i	Young Adults with Complex Needs	NHS Lothian and East Lothian Council to transform community supports for younger adults with complex needs, including a comprehensive evidence based needs assessment and completing the review of all remaining commissioned third sector community provided services. (continuing Direction)	Social work services for adults and older people Services and support for adults with physical disabilities and learning disabilities		Progress will be monitored through the Adults with Complex Needs Change Board. A final review will be presented to the IJB with recommendations	Meetings of the Adults with Complex Needs Change Board are suspended. Service delivery to young adults with Complex Needs has continued while observing safe arrangements for clients and staff. On reconvening, the Change Board will be asked to review this Direction as part of a workplan review and will agree how best to deliver the recommendations of the April 2020 Internal Audit

						report on Strategic Change Priorities.
D02j	Transitions for Young People into Adult Services	<p>East Lothian Council to support joint working with East Lothian Health and Social Care Partnership and other relevant partners to improve outcomes for young people with additional support needs transitioning into Adult Health and Social Care services, including establishment of robust planning, policy and protocol.</p> <p>East Lothian Council to ensure ELHSCP has the opportunity to contribute to any relevant needs assessment or review of services for young people with complex needs transitioning into adult services. (NEW Direction)</p>	<p>Social work services for adults and older people</p> <p>Services and support for adults with physical disabilities and learning disabilities</p>		<p>Progress will be monitored through the Adults with Complex Needs Change Board. Policies and protocols will be agreed by the IJB. A report of young person and carer's experience regarding the transition progress will be submitted. The number of young people receiving multi-agency transition planning will be monitored and reported against the end-of-year Delivery Plan</p>	<p>Meetings of the Adults with Complex Needs Change Board are suspended.</p> <p>On reconvening, the Change Board will be asked to review this Direction as part of a workplan review and to agree how best to deliver the recommendations of the April 2020 Internal Audit report.</p>
D02k	Mental Health Officer	<p>East Lothian Council to ensure delivery of a rights based approach for patients subject to the Mental Health Act 2003 through timely access to a Mental Health Officer to help safeguard patients rights' and fulfil statutory duties, including assessment, providing information and advising on individual's rights and choices. (NEW Direction)</p>	Mental health services		<p>Delivery of a sustainable MHO model will be monitored locally through the Mental Health and Substance Misuse Change Board. Improvements will be measured against existing MHO targets reported to SPG</p>	<p>Meetings of the Mental Health and Substance Misuse Change Board are suspended.</p> <p>On reconvening, the Change Board will be asked to review this Direction as part of a workplan review and will agree how best to deliver the recommendations of the</p>

						April 2020 Internal Audit report on Strategic Change Priorities.
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Direction to NHS Lothian on Hosted Services				Budget: £9,284K		
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D04b	Phase 2 Royal Edinburgh	NHS Lothian to improve in-patient experience for East Lothian residents and ensure East Lothian HSCP has appropriate influence in development, decision-making and approval of a business case for phase 2 of the Royal Edinburgh Hospital Campus. The redevelopment should be based on the East Lothian bed numbers agreed by the IJB in April 2018. NHS Lothian to bring the business case to the IJB for agreement on bed numbers and financial model. (revised in 2019-20)	Mental health services provided in a hospital		A business case will be taken to the IJB for approval by December 2020, with regular progress provided to IJB through the End-of-year report against the Delivery Plan.	An update is awaited on progress against this Direction. Discussions are planned across the 4 Lothian HSCPs regarding Hosted Service arrangements. This was to be included as part of the review of the Integration Scheme (scheduled to conclude in June 2020) but the review is temporarily suspended following agreement at the 13 th May meeting of NHS Lothian Board.
D04c	Guide Communicator Service	NHS Lothian to ensure people in East Lothian with dual sensory impairment have appropriate access to the guide communicator service to improve their access to health services, and improve awareness of the service across third sector and health providers. (NEW Direction in 2019-20)	Services and support for adults with Physical disabilities and learning disabilities Community learning disability services		No. of people supported by the guide communicator will be reported annually in IJB Delivery Plan progress report.	Progress against this Direction will be reported on when data is available.

D04d	Phase 3 Royal Edinburgh	<p>NHS Lothian to ensure better care for physical health needs of East Lothian in-patients at the Royal Edinburgh Hospital campus by proceeding with the development of the business case for Phase 3 and the planning and delivery of integrated rehabilitation services.</p> <p>NHS Lothian to ensure East Lothian HSCP is involved in development, decision-making and approval of the business case.</p> <p>(NEW Direction in 2019-20)</p>	Mental health services provided in a hospital		Final completion of Phase 3 by 2020, with regular progress provided to IJB through the End-of-year reports against the IJB Delivery Plan.	It is still intended to report on progress with the Phase 3 REH through the IJB Delivery Plan.
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Directions to NHS Lothian on Primary Care				Budget: £17,922K		
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D10b	Cluster Work	NHS Lothian to allocate to East Lothian Health and Social Care Partnership its proportionate share of all funds allocated for the development and support of GP Quality Clusters in order to support further development of quality improvement activities in general practice and to meet the Cluster National Guidance. (revised in 2019-20)	Primary Medical Services and General Medical Services	https://www.sehd.scot.nhs.uk/pca/PCA2019(M)08.pdf	GP Clusters will report progress into the Primary Care Change Board. Progress against Direction will be included end of year Delivery Plan progress report.	<p>The original cohort of Cluster Quality Leads (CQLs) completed their term. One replacement CQL was appointed. A second post will be filled as soon as possible on resumption of normal business.</p> <p>The new CQL is involved in planning for COVID amended services and future service provision arrangements</p> <p>Meetings of the Primary Care Change Board (PCCB) were suspended until 4th June. On reconvening the Board took stock of progress in responding to COVID across primary care and reflected on planning for reintroduction of services.</p> <p>A future PCCB will review all primary care Directions as part of a workplan</p>

						review and will agree how best to deliver the recommendations of the April 2020 Internal Audit report on Strategic Change Priorities..
D10d	Primary Care Improvement Plan	NHS Lothian to implement the Primary Care Improvement Plan (PCIP) for East Lothian covering all delivery arrangements for all aspects of the new GMS Contract. (revised in 2019-20)	Primary Medical Services and General Medical Services		Progress against the Primary Care Improvement Plan (PCIP) will be monitored through existing reporting to Scottish Government, with annual updates to be approved by the IJB and GP Sub-committee. Regular progress will be provided to IJB Delivery Plan End-of-year reports.	Existing reporting to Scottish Government on the PCIP is suspended due to COVID. Elements of the PCIP commitments, notably the CWIC (Collaborative Working for Integrated Care) service model, are temporarily repurposed to support COVID specific responses and to support the establishment of a new Primary Care Mental Health service to meet current and rising need. Investment in service management/strategic/development staff is allowing the Primary Care Team to work alongside NHS Lothian and ELC services to redesign and reinstate services in line with Scottish Government policies.

						<p>Scheduled review of the PCIP for 2020-21 has not commenced. This will be carried out in line with Scottish Government requirements.</p> <p>As the planned tender exercise to appoint Link Worker service providers across the county is suspended temporary arrangements are in development to re-establish this important support for patients.</p>
D10j	Primary Care Premises and Infrastructure	NHS Lothian to ensure sustainable premises and infrastructure, including timely implementation of eHealth solutions, for Primary Care to support future delivery of the Primary Care Improvement Plan (NEW Direction in 2019-20)	Primary Medical Services and General Medical Services		NHS Lothian to provide a report to IJB regarding results of premises audit. Progress against eHealth requirements will be reported to Primary Care Change Board and included in IJB Delivery Plan End-of-year report.	Initial actions ensured business viability of primary care services as COVID unfolded. GP practices across East Lothian were closely monitored for any service delivery difficulties and supported to establish 'buddying' arrangements for mutual support. The input of e-Health supported cross-site working, and increased use of video and telehealthcare by practices in carrying out consultations with patients. These technologies will be utilised

						<p>where possible as services are reintroduced.</p> <p>Central funding to practices supported costs arising directly from COVID, including for premises adaptations.</p>
D10k	Transport	<p>East Lothian Council and its Transport Department to work with NHS Lothian, East Lothian HSCP and the 3rd Sector to design and provide flexible and responsive transport arrangements (based on improved public transport and dedicated patient transport) to enable patients to attend clinics and to receive treatment and care in the East Lothian Community Hospital, in the East Lothian Community Treatment and Care Service (CTACS) and the planned Elective Centre in St John's Hospital in Livingston.</p> <p>(New Direction in 2019-20)</p>	<p>Inpatient hospital services</p> <p>Primary Medical Services and General Medical Services</p>	<p>Elective Centres</p> <p>Primary Care Improvement Plan</p>	<p>Ongoing progress will be overseen by Primary Care Change Board and reported in the End-of-year Delivery Plan progress report.</p>	<p>Transport needs for patients are significantly reduced as practices have limited the number of face to face contacts.</p> <p>Future transport arrangements will need to reflect new service delivery arrangements in the short and longer term.</p> <p>The participation of Royal Voluntary Service (RVS) and redeployed staff was critical in supporting alternative arrangements, such as delivery of medications to patients, and supplies (e.g. PPE) to facilities.</p>
D10l	Care Homes	<p>NHS Lothian to work with the Care Inspectorate, East Lothian HSCP, East Lothian Council, relevant GP Practices, LMC, East Lothian Care Home Team and independent care home providers to develop a</p>	<p>Primary Medical Services and General Medical Services</p>	<p>Cabinet secretary letter of 17th May and attached</p>	<p>Reporting arrangements are to be agreed</p>	<p>Work is underway to establish and maintain support and oversight arrangements across all care home settings in the county ensuring all care</p>

		<p>governance, support and training programme for all East Lothian Care Homes to maintain the highest levels of anticipatory and ongoing care for residents.</p> <p>Agreed arrangements must also support care home staff in maintaining their own and residents' safety while observing all COVID-related requirements.</p> <p>NHS Lothian to review and if indicated, increase investment in the Local Enhanced Service arrangements with those GP Practices providing primary care input to care homes and which support the East Lothian Care Home Team.</p> <p>(New Direction in 2020-21)</p>		guidance		and infection control standards remain high and consistent.
D10m	Primary Care Premises	<p>NHS Lothian to instruct its Facilities Directorate to review all Primary Care buildings across East Lothian, investing where necessary in appropriate actions to ensure all COVID-related infection control requirements are observed in the use of waiting, consulting and other rooms and in managing patient movements within the building while maintaining social distance.</p> <p>(New Direction in 2020-21)</p>	Primary Medical Services and General Medical Services	Various guidance documents	Reporting arrangements are to be agreed	Changes to the ways in which primary care premises are used will ensure East Lothian GP Practices can safely deliver services while protecting staff and patients.

Directions to NHS Lothian and ELC on Reducing Use of Acute Services and Increasing Community Provision				Budget: £20,597K		
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D11a	Emergency Admissions	NHS Lothian and its acute services to work with officers of the East Lothian Health and Social Care Partnership and other HSCPs to review the provision of emergency assessment services in Lothian, with a view to streamlining this provision. (revised in 2019-20)	Accident and Emergency services provided in a hospital		Progress will be monitored through the Shifting the Balance of Care Change Board and included in IJB Delivery Plan End-of-year report. MSG performance reports highlighting trends in Emergency Admissions against our identified targets will be provided for IJB Business meetings.	Meetings of the Shifting the Balance of Care Change Board are suspended. On reconvening, the Change Board will review this Direction as part of a workplan review and will agree how best to deliver the recommendations of the April 2020 Internal Audit report on Strategic Change Priorities.
D11b	Occupied Bed Days	NHS Lothian to reduce the length of stay for all patients admitted following unscheduled admission. This is to be achieved by a reduction in delayed discharges, avoidable admission and inappropriately long stays in acute hospital and through the development of locally available community services and facilities (continuing Direction)	Inpatient hospital services		Progress will be monitored through the Shifting the Balance of Care Change Board and included in IJB Delivery Plan End-of-year report. MSG performance reports highlighting local trends against our identified targets for Occupied Bed	Meetings of the Shifting the Balance of Care Change Board are suspended. On reconvening, the Change Board will review this Direction as part of a workplan review.

					Days will be provided for IJB Business meetings.	
D11c	Delayed Discharge	NHS Lothian to delegate to the IJB the agreed budget for the Delayed Discharge Fund and working with East Lothian Council to continue to make progress towards delivery of delayed discharge targets and a reduction in occupied bed days, through the provision of alternatives to inpatient care. (continuing Direction)	Inpatient hospital services		Progress will be monitored through the Shifting the Balance of Care Change Board and included in IJB Delivery Plan End-of-year report. MSG performance reports highlighting local trends for Delayed Discharge against our local MSG targets will be provided for IJB Business meetings.	East Lothian has in recent weeks achieved and maintained very low levels of delayed discharges. This was achieved through the considerable and integrated efforts of its nursing, Care Home, AHP and Care at Home teams. This joint working has supported the wider acute system in creating bed capacity for the care and treatment of people with COVID and has allowed the continuing delivery of urgent care.
D11d	Palliative Care	NHS Lothian to work with the MCN for Palliative Care, hospital, community and third sector palliative care services to provide specialist assessment of patients in their own homes, care homes or community hospitals to maximise the delivery of patient-centred end of life care at home or in a homely setting. (continuing Direction)	Palliative care services		Progress will be monitored through the Shifting the Balance of Care Change Board and included in IJB Delivery Plan End-of-year report. MSG performance reports will be provided for IJB Business meetings.	All teams continue to provide specialist assessment and support to people at end of life, while observing all necessary measures to maintain infection control.
D11e	AHP Resource	NHS Lothian to provide	Occupational therapy		Agreed transfers of	Work on this is temporarily

		<p>information on the numbers of AHPs and associated resources in acute settings and to work with East Lothian HSCP to plan for the redeployment of appropriate numbers of these AHPs and associated resources to community settings to avoid admission and to support discharge of East Lothian residents.</p> <p>(continuing Direction)</p>	services		<p>AHP resource will commence in early 2020 overseen by East Lothian's Rehabilitation and Access Manager, and progress reported in IJB Delivery Plan End-of-year report.</p>	<p>paused.</p>
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Direction to NHS Lothian and East Lothian Council on Shifting the Balance of Care for Care Groups					Budget: £8,616K	
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D12a	Hospital to Home and Home Care Services Review	NHS Lothian and East Lothian Council to simplify and speed up the process for assessing and acting on an individual client's needs for care at home by completing a review of Hospital to Home and Home Care Services, including development of more effective protocols for assessment process. (continuing Direction)	District nursing services Community care assessment teams		Progress will be monitored regularly through the Shifting the Balance of Care Change Board. End-of-year report IJB Delivery Plan target, will include: Reductions in average No. of days client waits for assessment. Reduced No. of days awaiting care following assessment Increased % of clients reviewed every 3 months.	Meetings of the Shifting the Balance of Care Change Board are suspended. On reconvening, the Change Board will review this Direction as part of a workplan review.
D12c	Day Services Review	East Lothian Council improve access to and quality of day services across the county while delivering service efficiencies through completion and implementation of the strategy for day services for older people. (continuing Direction)	Day services		A completed Review report will be submitted to the IJB by January 2020.	Options are under consideration for future delivery of community services in light of the pandemic. The position of current services is being reviewed to assess how they have responded and to consider delivery arrangements in

						coming months.
D12d	Transforming Care for Older People	NHS Lothian and East Lothian Council to transform services for older people in East Lothian through working in collaboration with HUB Southeast approach to agree future of Eskgreen and Abbey Care Homes and Edington and Belhaven Hospitals and to deliver on the recommendations of the Housing with Care report. (revised in 2019-20)	Services provided outwith a hospital in relation to geriatric medicine		Project plan finalised and agreed in August 2019. Initial agreement to be presented to IJB via SPG.	The project plan will be revisited as the actions within require reconsideration in light of significant changes to service delivery in recent months and continuing application of social distancing restrictions.
D12g	Adults with Complex Needs Review	NHS Lothian and East Lothian Council to support the IJB priority to transform community supports for adults with complex needs through the development of a transformation programme involving full engagement and consultation with appropriate parties. (revised in 2019-20)	Services and support for adults with physical disabilities and learning disabilities Mental health services		Progress will be monitored by the Adults with Complex Needs Review and a full report with recommendations presented to IJB.	Meetings of the Adults with Complex Needs Change Board are suspended. Progress on the review has paused. On reconvening, the Change Board will review this Direction as part of a workplan review and will agree how best to deliver the recommendations of the April 2020 Internal Audit report on Strategic Change Priorities.
D12j	Extra Care Housing Implementation	East Lothian Council Housing and Officers of East Lothian Health & Social Care Partnership to:	Aspects of housing support, including aids and adaptations		Progress will be monitored through Planning and Performance, and in	A consultation event on the 14 th January re-started discussion on options for Extra Care Housing.

		<ul style="list-style-type: none"> • Maximise independent living • Provide specific interventions according to the needs of the service user • Provide a clear care pathway which connects services • Contribute to preventing unnecessary hospital admission through implementation of recommendations from the extra care housing review • (NEW Direction in 2019-20 – replaces D12b) 			the End-of-year IJB Delivery Plan.	Plans for wider public engagement are currently suspended, but will reconvene as soon as is practicable.
D12k	Mental Health Repatriation	NHS Lothian to ensure East Lothian residents receive care closer to home through repatriation of mental health beds from Midlothian community hospital to the East Lothian Community Hospital. (NEW Direction in 2019-20)	Inpatient hospital services		Agreed transfers of AHP resource will commence in early 2020 overseen by East Lothian's Group Services Manager (Mental Health), with progress reported against IJB Delivery Plan including: Increased % of Midlothian beds released.	The repatriation of mental health beds from Midlothian to East Lothian Community hospital has concluded

Direction to NHS Lothian to Support Delivery of Modern Outpatients Recommendations					Budget: £787K	
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D13b	Diabetes Services	NHS Lothian to work with East Lothian HSCP to ensure patients in East Lothian access a high quality Primary Care service closer to home by agreeing a new way of delivering Diabetes services, with a focus on community based services. (revised in 2019-20)	District nursing services		Completion of a fully costed plan will be approved by Primary Care Change Board by January 2020, with implementation monitored through Primary Care Change Board and IJB Delivery Plan End-of-year report.	Meetings of the Primary Care Change Board are suspended. On reconvening, the Change Board will be asked to review progress against this Direction as part of a workplan review.

Direction to NHS Lothian and East Lothian Council on Support to Carers					Budget: £397K	
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D14a	Carer's Strategy Implementation	NHS Lothian and East Lothian Council to ensure Carers in East Lothian are identified, informed and supported to maintain their health and well-being in line with the East Lothian Carers' Strategy, working with East Lothian Health and Social Care Partnership, third sector and other partners. (revised in 2019-20)	Carers support services	Report on Supporting Unpaid Carers During COVID	Implementation progress monitored through Carers Change board. A baseline for the number of carers known to ELHSCP and other carer organisations will be established by September 2019. Changes monitored through annual national reporting and IJB Delivery Plan End-of-year report	<p>The Carers Change Board met twice during April and May (after a temporary suspension) to review with the carer organisations how they have mobilised resources in light of COVID-19.</p> <p>Significant work developed innovative approaches to provide support to carers.</p> <p>The Board produced a report - 'Supporting Unpaid Carers During COVID'. This highlighted 2 main issues: PPE and pathways to support for mental health. Both were resolved.</p> <p>The contribution of unpaid carers has been actively promoted by the carer organisations and the HSCP during carers week.</p> <p>A further Change Board</p>

						<p>meeting scheduled for July will consider opportunities for additional support and communication.</p> <p>The procurement of Carer services have been put on hold and funding to maintain services has been agreed during this period.</p> <p>The Change Board acknowledges the need to respond to the April 2020 Internal Audit report recommendations in the process of recommencing business as usual.</p> <p>A meeting to review the action plan in light of COVID will be convened as soon as staff resources are available to facilitate this work.</p>
D14c	SDS implementation	NHS Lothian and East Lothian Council to deliver a rights based approach to support people to make choices about their care and finalise the development of an outcomes framework to monitor implementation of SDS, including client satisfaction and	<p>Social work services for adults and older people</p> <p>Community care assessment teams</p> <p>Respite provision</p>		An SDS Outcomes and Development Framework will be completed by March 2020.	<p>Business impact assessments focussed on the easing of assessment, a power rather than a duty, and the flexible use of Self Directed Support option 1 and 2.</p> <p>Customer satisfaction</p>

		taking into account recommendations from SDS Audit. (NEW Direction)				options will be scoped and considered in the social work pathway redesign.
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Directions to East Lothian Council and NHS Lothian on Drug and Alcohol Services and Mental Health					Budget: £9,702K	
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D15c	Mental Health Triage	NHS Lothian and East Lothian Council to improve access to mental health services, including reduction in how long people wait to access services and develop clearer referral pathways to access specialist support. (revised in 2019-20)	Mental health services		Progress monitored through Mental Health and Substance Misuse Change board. Service model in place by April 2020, with an agreed plan for monitoring service performance and service targets in place.	Meetings of the Mental Health and Substance Misuse Change Board are suspended. On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review and will agree how best to deliver the recommendations of the April 2020 Internal Audit report on Strategic Change Priorities.
D15g	Primary Care Assertive Outreach	NHS Lothian to evaluate assertive outreach in primary care and ensure access to dedicated mental health and substance misuse professionals in community settings to maximise opportunities for treatment and recovery and improve the service offer across East Lothian. (revised in 2019-20)	Services provided in a hospital in relation to an addiction or dependence on any substance. Mental health services provided in a hospital, except secure forensic mental health services.		Progress monitored through the Mental Health and Substance Misuse Paper. Evaluation report to be submitted to MH/SM Change Board and Primary Care Change Board.	Meetings of the Mental Health and Substance Misuse Change Board are suspended. On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review. Action 15 funded mental

						health workers are delivering a new and successful primary care mental health service in conjunction with CWIC colleagues.
D15h	Mental Health Action Plan Implementation	NHS Lothian and East Lothian Council to improve outcomes in relation to mental and emotional health and well-being for people in East Lothian through establishment and delivery of the East Lothian Mental Health Action Plan, including development of community based preventative and early intervention services, crisis support and longer term recovery in line with the Scottish National Mental Health Strategy. (NEW Direction in 2019-20)	Mental health services		<p>Mental Health Action plan agreed by 2020 at IJB. Continued reporting of National targets will be carried out through NHSL and reported via IJB Delivery Plan End-of-year report. including:</p> <ul style="list-style-type: none"> percentage of people accessing therapy within 18 weeks from point of referral, and Reduced Third Sector waiting times <p>Local oversight provided by Mental Health and Substance Misuse Change Board, including local embedding of quality indicators.</p>	An update on progress will be provided to the IJB by the Mental Health and Substance Misuse Change Board

D15i	Mental Health Housing Review	<p>NHS Lothian and East Lothian Council to improve and enable recovery of people experiencing poor mental health through development and delivery of community based housing with access to appropriate support, review of Cameron Cottage and alternative models of service provision.</p> <p>(NEW Direction in 2019-20)</p>	Mental health services		<p>Agreement of service specification and business plan for new service to be commissioned by October 2020 and progress reported via IJB Delivery Plan End-of-year report.</p>	<p>A report on progress is awaited.</p>
D15j	Post Diagnostic Dementia Support	<p>NHS Lothian and East Lothian Council to improve care for people with dementia and their families, including:</p> <ul style="list-style-type: none"> • delivery of the 5 pillar model of support to people diagnosed with dementia, and • implementation of the Scottish Government ambition 'Transforming Specialist Dementia Hospital Care' through the transfer of resource to develop local dementia specialist care. <p>(NEW Direction in 2019-20)</p>	Mental health services		<p>Progress will be overseen locally within the Mental Health and Substance Misuse Change Board. Reporting against National LDP Standards will continue at Board Level, and IJB Delivery Plan End-of-year report including:</p> <ul style="list-style-type: none"> • increased percentage of people referred for post-diagnostic support • increased percentage of people who received a minimum of one 	<p>Meetings of the Mental Health and Substance Misuse Change Board are suspended.</p> <p>On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review.</p>

					year's support and delivery of the 5 pillar model	
D15k	Centralised Alcohol Services Review	East Lothian Council and NHS Lothian to improve access to alcohol services through supporting East Lothian Health & Social Care Partnership to review and assess alternative local delivery of centralised alcohol services (NEW Direction in 2019-20)	Services provided in a hospital in relation to an addiction or dependence on any substance		Options appraisal to be completed by April 2020 regarding local alternative service models and presented to Mental Health and Substance Misuse Change Board and in turn to the SPG.	Meetings of the Mental Health and Substance Misuse Change Board are suspended. On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review
D15l	Psychological Services Delegation	NHS Lothian to ensure East Lothian residents can access local provision of psychology services through the delegation of psychology services to East Lothian HSCP. (NEW Direction in 2019-20)	Mental health services		Increased amount of funding or resource delegated to be identified by April 2020 and reported to East Lothian via IJB Delivery Plan progress report.	Meetings of the Mental Health and Substance Misuse Change Board are suspended. On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review.
D15m	Substance Misuse Services	East Lothian Council and NHS Lothian to tackle inequalities through the delivery of the Local Substance Misuse Plan and to improve access to Substance Misuse Services for people in East Lothian. This includes supporting East Lothian HSCP to ensure robust	Drug and alcohol services		Percentage of people accessing substance misuse services within 3 weeks will be monitored through MELDAP and continue to be reported nationally through NHS Lothian.	Meetings of the Mental Health and Substance Misuse Change Board are suspended. On reconvening, the Change Board will review this Direction and progress against it as part of a

		<p>management and oversight of the Local Substance Misuse plan.</p> <p>(NEW Direction in 2019-20)</p>			<p>Progress against the Local Delivery Plan will be monitored through the Mental Health/Substance Misuse Change Board and reported through the IJB Delivery Plan End-of-year report.</p>	<p>workplan review.</p>
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Direction to NHS Lothian and East Lothian Council on Community Justice					Budget: £203K	
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D16a	Community Justice Partnership	ELHSCP to work with Community Justice Partnership to: <ul style="list-style-type: none"> • Improve understanding of community justice • Ensure Strategic planning and partnership working • Offer equitable access to services • Develop Evidence based interventions • (revised in 2019-20) 	Criminal Justice Social Work services including youth justice		Ongoing oversight and monitoring of the Local Outcome Improvement Plan will be held by the Community Justice Partnership. ELHSCP will identify a representative for the Community Justice Partnership by November 2020. Progress in the three identified workstreams will be reported through the IJB Delivery Plan End-of-year report.	A report on progress will be provided at end of year

Direction to NHS Lothian and East Lothian Council on Adults with Complex Needs					Budget: £21,573K	
No.	Title	Direction	Related Function	Link	Oversight	Action/s arising from/related to COVID-19
D18a	Learning Disability Housing Strategy Implementation	<p>East Lothian Council to maximise independent living for people with a Learning Disability and people with physical disability and/or sensory impairment, ensuring more efficient use of night time support to reduce dependency on out of area placements and reducing the exposure to stand alone single tenancies; and more options in relation to housing models with support through developing core and cluster housing and implementation of housing strategy actions.</p> <p>(NEW Direction in 2019-20)</p>	<p>Community learning disability services</p> <p>Aspects of housing support, including aids and adaptations</p>		System for monitoring and relevant polices should be developed by March 2020, with oversight provided by Adults with Complex Needs Change Board and progress reported in IJB Delivery Plan End-of-year report.	Meetings of the Adults with Complex Needs Change Board are suspended. On reconvening, the Change Board will review all its Directions as part of a workplan review and will agree how best to deliver the recommendations of the April 2020 Internal Audit report on Strategic Change Priorities.
D18b	Learning Disability Action Plan	<p>East Lothian Council and NHS Lothian to better understand and meet the needs of the people with Learning Disabilities through:</p> <ul style="list-style-type: none"> establishment and implementation of local Learning Disability action plan in line with 'The Keys to Life', improved access to the 	<p>Community learning disability services</p> <p>Services and support for adults with physical disabilities and learning disabilities</p>		LD Forensic Service model agreed and implemented by January 2020. LD Action Plan and needs assessment completed and approved by IJB by January 2020, with progress monitored regularly through the	<p>Meetings of the Adults with Complex Needs Change Board are suspended.</p> <p>On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review.</p>

		<p>Forensic Learning Disability Service so that people with a learning disability in East Lothian with a specific health care need can access relevant services within agreed timescales.</p> <ul style="list-style-type: none"> • forecasting needs of the old age population of people with learning disabilities and increasing access resources as appropriate to meet their needs. <p>(NEW Direction in 2019-20)</p>			Adults with Complex Needs Change board and IJB Delivery Plan End-of-year report.	
D18c	Fairer Scotland Action Plan	<p>East Lothian Council to help tackle poverty, reduce inequality and to contribute to building a fairer and more inclusive Scotland through production and delivery of a local implementation plan for the Fairer Scotland Action Plan. This work must provide greater opportunities to participate in local consultations and ongoing monitoring of hate crimes against people with disabilities.</p> <p>(NEW Direction in 2019-20)</p>	<p>Community learning disability services</p> <p>Services and support for adults with physical disabilities and learning disabilities</p>		<p>Disability hate crimes will be monitored and reported via Public Protection report quarterly from December 2019.</p> <p>ELC consultations will be reviewed for accessibility by December 2019 to ensure they are in line with National Community Engagement Standards.</p> <p>Oversight will be</p>	<p>Meetings of the Adults with Complex Needs Change Board are suspended.</p> <p>On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review.</p>

					provided by the Adults with Complex Needs Change Board and progress reported through the IJB End-of-year report.	
D18d	Shared Lives Service Implementation	East Lothian Council to ensure people eligible for the Shared Lives service will be supported to develop relationships and share family and community life through further development and expansion of the Shared Lives service as an alternative to residential and other forms of care. (NEW Direction in 2019-20)	Community learning disability services Services and support for adults with physical disabilities and learning disabilities Respite provision		Number of people receiving Shared Lives service will be reported through the IJB Delivery Plan End-of-year report and ongoing oversight of development provided by the Adults with Complex Needs Change Board.	Meetings of the Adults with Complex Needs Change Board are suspended. On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review.
D18e	Accessible Social Work assessment	NHS Lothian and East Lothian Council to ensure people in East Lothian with sensory impairment have appropriate access to social work assessment and associated service that accommodates communication and equipment requirements. (NEW Direction in 2019-20)	Social work services for adults and older people		Progress will be monitored through Adults with Complex Needs change board	Meetings of the Adults with Complex Needs Change Board are suspended. On reconvening, the Change Board will review this Direction and progress against it as part of a workplan review.

