

**Working together
for a safer Scotland**



**SCOTTISH
FIRE AND RESCUE SERVICE**

Working together for a safer Scotland

COMMUNITY FIRE AND RESCUE PLAN FOR EAST LoTHIAN 2018



**East Lothian
Council**

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Introduction

Welcome to the Scottish Fire and Rescue Service (SFRS) East Lothian Community Fire and Rescue Plan. This Plan has been developed to support the delivery of agreed local outcomes for the people of East Lothian in conjunction with the national priorities contained within the SFRS Strategic Plan 2016- 2019. Our ambition is to work in partnership to improve community safety and enhance the well-being of those living in East Lothian whilst tackling issues of social inequality. This Plan will set out our priorities in order to support this ambition.

This Plan recognises what we have delivered in the past but looks forward to what we aim to achieve over the next three years and beyond. The safety of our communities is at the heart of everything we do, whether it is responding to emergencies or providing preventative advice and measures. The Plan will highlight our resources in East Lothian, the changing risks to local communities, and how we aim to deliver our services to meet all the challenges we face.

As a public service and a statutory member of East Lothian Community Planning Partnership, we recognise that to be effective and efficient, we must work closely with our partners in order to identify and provide for those most at risk. By working this way, we will look to reduce duplication, share resources and information and make improvements. We will actively contribute to the shared Intent, Vision and Themes set out in the *East Lothian Plan* and it is our intention that the Community Fire and Rescue Plan is viewed as an extension of this Plan.

Whilst we will continue to prepare for, and respond to incidents such as fires and road traffic collisions, we must also ensure we are ready to deal with the changing risks society face, including an ageing population, the effects of climate change on the environment, and terrorism. This change in how and what we respond to has already been experienced in East Lothian with local crews responding to Out of Hospital Cardiac Arrests (OHCA), as a pilot project, in support of our Scottish Ambulance Service (SAS) colleagues. A separate initiative in East Lothian has seen our Home Safety Visits evolve into a more holistic approach, taking into account the risk of slips, trips and falls in the home as well as identifying those at risk from fuel poverty and other vulnerabilities. As we move forward, we will look to build on these innovative approaches whilst ensuring our staff are trained, equipped and located appropriately to respond to emergencies, promote prevention, and protect communities.

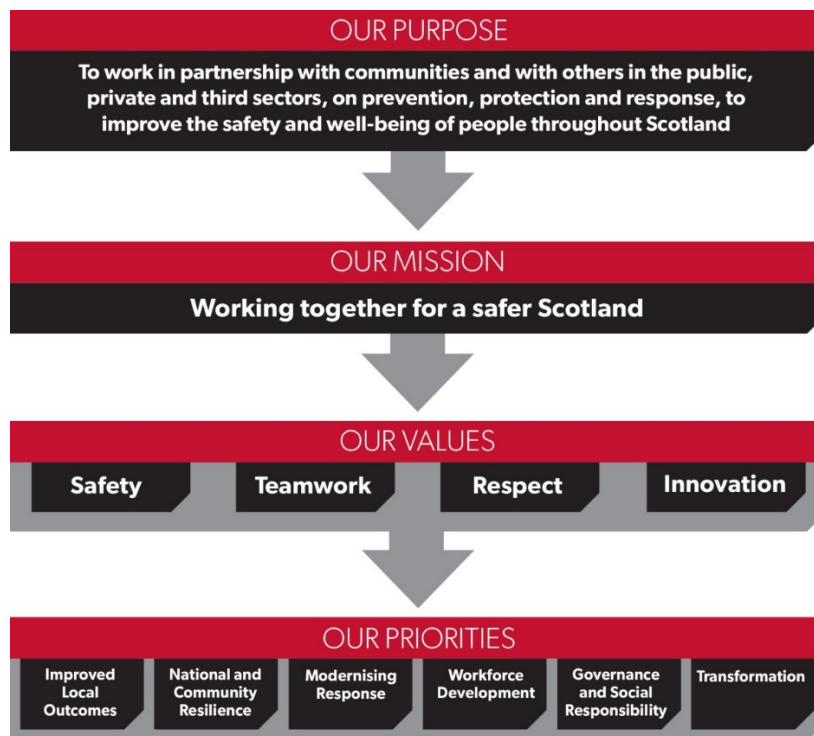
As the SFRS evolves, we will continue to play a key part in public service reform and explore new opportunities to broaden our role within society to ensure as a modern Fire and Rescue Service, we provide the appropriate protection for the communities of East Lothian.

Steve Gourlay
Local Senior Officer
East Lothian, Midlothian and Scottish Borders

National Context

Scottish Ministers set out their specific expectations for the Scottish Fire and Rescue Service in the Fire and Rescue Framework for Scotland 2016. This provides the outline we should follow to ensure our resources and activities are aligned with the Scottish Government's Purpose and national outcomes.

Our Strategic Plan 2016-19 has been designed to meet these national expectations. Set against a complex and evolving backdrop our Strategic Plan encapsulates our mission, values and strategic priorities.

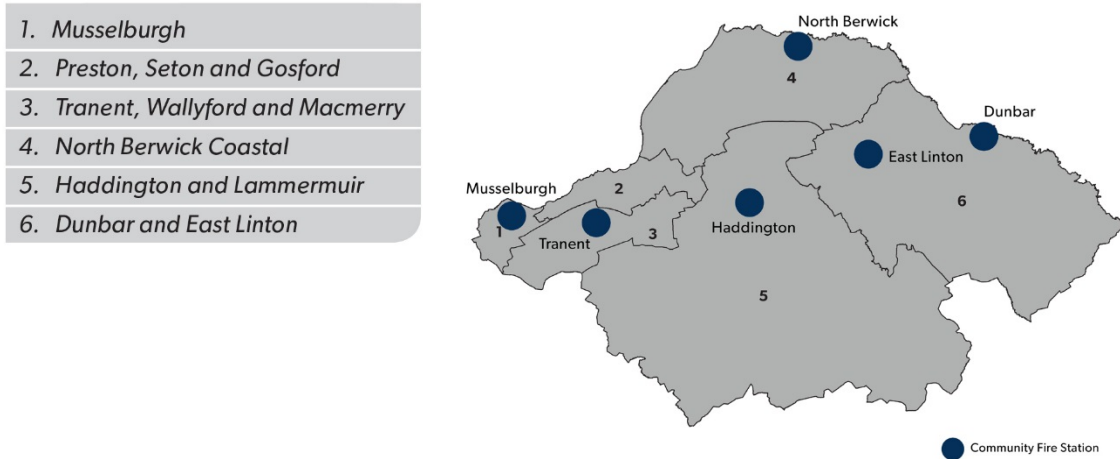


These have been shaped with due regard to the challenges we face and to what we need to achieve to be a highly effective, sustainable public service. Operating within a climate of significant financial uncertainty and public service reform means we need to transform how we operate. This will particularly include how we prepare for and respond to changing societal needs, the impact of climate change and the threat of terrorism.

Strong leadership, supported by sound governance and management arrangements are at the very core of our foundations. These arrangements will direct and provide assurance that we comply with our statutory responsibilities. In addition, they will provide Local Senior Officers with supporting mechanisms to deliver services specifically tailored to local needs.

Local Context

East Lothian has a population of just over 104,000 people who reside within areas ranging from major towns such as Musselburgh and Haddington to single dwellings in remote rural locations. The diagram below outlines the electoral ward boundaries whilst highlighting the locations of our six Community Fire Stations.



Over the past five years, the SFRS responded to 6786 incidents within East Lothian. The Key Performance Indicator table below details our operational response over the same period by incident type.

| Key performance indicator | 2012/13 | 2013/14 | 2014/15 | 2015/16 | 2016/17 |
|--------------------------------------|---------|---------|---------|---------|---------|
| Dwelling fires | 96 | 81 | 73 | 80 | 52 |
| All fire casualties and fatalities | 17 | 15 | 12 | 10 | 8 |
| All deliberate fires excl. dwellings | 143 | 188 | 138 | 194 | 229 |
| Special Service - RTCs | 29 | 48 | 47 | 57 | 50 |
| Unwanted Fire Alarm Signals | 439 | 460 | 451 | 466 | 457 |

Reducing Dwelling Fires, Fire Casualties and Fatalities will continue to be at the heart of our prevention activities, over the last two decades, similar to the rest of the UK, we have seen a gradual decrease in the amount of dwelling fires we attend. Dwelling Fires accounted for around 4% of our operational activity, whilst fire casualties have averaged around 12 over the last five years, sadly including three fire fatalities over that period.

Prevention will continue to be a core activity for SFRS staff in East Lothian. Our Home Fire Safety programme, which commenced over 10 years ago has proved successful in terms of reducing dwelling fires and associated casualties whilst providing thousands of homes with early warning smoke detection. Over 1000 Home Fire Safety Visits (HFSV) are completed every year in East Lothian by operational crews or dedicated community safety staff.

Our Living safely in the Home Pilot has proved to be very successful and we will look to build on this whilst adapting how we deliver home safety visits. Our visits will become more holistic and take into account a range of risks in the home including, slips, trips and falls, fuel poverty, frailty and dementia amongst other vulnerabilities.

Deliberate fires (not including dwellings) are often, but not always, of a malicious nature. Deliberate fires accounted for approximately 16% of our operational activity over the last five years and typically involved refuse, grass, wood and scrubland. Increases in this type of incident activity are generally seasonal and often linked to anti-social behaviour. Deliberate fires of a malicious nature place an unnecessary demand on SFRS and partner resources and often affecting communities socially and economically.

Responding to Road Traffic Collisions (RTC's) has, unfortunately, become an increasing part of our operational activity over the past five years. In general terms we have seen a year on year increase, culminating in a 42% increase in the amount of RTC's we attend in East Lothian, ultimately resulting in more road fatalities and injuries.

The term "Special Service" is used to describe non-fire related incidents and includes RTC's, Flooding, and Out of Hospital Cardiac Arrests (OHCA) Water Rescue and Hazardous Materials incidents amongst others. Throughout the last 15-20 years, Fire and Rescue Services across the UK have seen a significant increase in attendance at these types of incident whilst domestic property fires decrease. During 2016-17, Special Service incidents accounted for 16% of all emergency calls in East Lothian.

Recent history demonstrates that severe wet weather and subsequent flooding is a risk for particular parts of East Lothian and this will remain a focus of our emergency response capability, particularly for our Water Rescue and Flood Response teams. When required we will also work in partnership with East Lothian Council Emergency Planning and other service providers either as an emergency response or in a preventative capacity.

Due to the location and skills sets of our community-based resources, and the remote nature of much of East Lothian, we have been able to provide assistance to our partners, such as Police Scotland and the SAS, on an increasing basis and for a variety of reasons including medical co- response, effecting entry and professional advice. East Lothian has been at the forefront of change and innovation with Musselburgh Community Fire Station being selected out of an initial ten across Scotland to take part in a pilot which has seen SFRS crews responding to OHCA's in support of SAS colleagues. By assisting our SAS colleagues we aim to not only increase an individual's chances of survival but also improve their longer term recovery outcomes.

Unwanted Fire Alarm Signals (UFAS) have accounted for over 33% of our operational incidents in East Lothian over the last five years. Similar to other operational activities, this type of incident demand is not unique to East Lothian, with the UK as a whole facing challenges in relation to reducing UFAS. With disruption to local businesses, schools, healthcare facilities and others, these unwanted calls can have a significant impact across the East Lothian area. Following national policy and using local initiatives we will continue to prioritise the reduction of UFAS whilst engaging with key stakeholders, partners and those with responsibilities for the premises involved.

Our six Community Fire Stations include one Wholetime station at Musselburgh with the remaining five being Retained Duty System (RDS) stations in Tranent, Haddington, East Linton, North Berwick and Dunbar. Wholetime stations are permanently staffed 24/7 throughout the year whilst our RDS staff operate on an "on call" basis and are alerted by pager for emergency calls.

Frontline staff are supported by a team of local and national officers from the Training and Employee Development (TED) directorate. The local TED officers are based at Haddington Community Fire Station and provide dedicated support to operational crews in terms of acquiring new skills, maintaining existing skills and ensuring role competency.

Preventions and Protection (P&P) officers are located at Haddington and Musselburgh. They consist of Fire Safety Enforcement officers who deal with legislative matters including the auditing of relevant premises and officers who carry out a community engagement role through a diverse and wide reaching range of prevention activities. In addition to this, a SFRS Local Area Liaison Officer acts as a coordinator for engagement activities whilst liaising with external partners.

An Area Manager, or Local Senior Officer (LSO), has overall responsibility for discharging the functions of the SFRS within East Lothian. Day to day management of resources is devolved to the East Lothian Group Manager (GM) and Station Manager (SM) responsible for Service Delivery. The Senior Management team also consists of a further GM and two SM's who have responsibility for P&P and TED across the LSO area of Midlothian, East Lothian and the Scottish Borders.

Working in Partnership to achieve better outcomes for the people of East Lothian

This Plan and its priorities reflect a partnership approach whilst sharing the vision and themes that will lead to improved outcomes for the communities of East Lothian. The examples below highlight some of the ways in which we aim to contribute to the East Lothian Plan 2017-27. The list is not exhaustive and we will continue to look for innovative ways to help improve outcomes.

| East Lothian Priority Themes | How we plan to contribute |
|--|--|
| <p>Community-Minded - East Lothian has strong, resilient communities where people respect and support each other.</p> | <ul style="list-style-type: none"> • By consolidation and where possible, development of existing youth engagement initiatives such as the Cooldown programme. By participating in these programmes, younger people will acquire new skills, practical and theoretical, learn to work within a team and build self-confidence. The programme will promote better citizenship whilst potentially improving opportunities for employment. • In partnership with Police and other partners we will prioritise the reduction of anti-social related Deliberate Fire Setting (excluding Dwellings) through a range of prevention, intervention and diversionary activities. • In partnership we will provide opportunities for young people in East Lothian. |
| <p>Prosperous - Local businesses are thriving and the business base is expanding.</p> | <ul style="list-style-type: none"> • We will continue to raise the profile of the Retained Duty System in East Lothian to attract local workers as firefighters on a part – time basis. • Reduce the impact of Unwanted Fire Alarm Signals on local businesses and education establishments. |

Fair - People in East Lothian are healthy.

- We will provide a range of preventative advice and measures through holistic Home Safety Visits with the aim of keeping people safe in their homes.
- As an active member of Public Protection we will carry out a range of preventative and intervention measures. This will include addressing social issues such as, reducing Domestic Abuse, identifying those at risk from Drugs and Alcohol, Fuel Poverty, Frailty and Dementia.
- Our holistic Home Safety programme will aim to reduce Unintentional Harm in the home within the 65 + year old age group. By reducing slips, trips and falls in the home we can contribute to older people living independently whilst alleviating financial and resource pressures on our Health and Social Care partners.
- Our holistic Home Safety Programme will aim to reduce Unintentional Harm in the home within the under 5-year-old age group.
- We will explore opportunities to work closer with our Health and Social Care colleagues in order to reach those most vulnerable in our communities whilst contributing to longer term health outcomes.
- We will continue to respond with fire appliances carrying defibrillators.
- We will continue to encourage the use of our community fire stations by partners and community groups.

Local Priorities

As part of a Community Partnership approach, we will make people safer in their homes

Traditionally, the Fire and Rescue Service have focussed on reducing the risk of fire in the home through advice and providing domestic smoke detection. We will never lose sight of this crucial element of our work in the community however we recognise that we can also contribute to safety in other ways. Unintentional Harm in the home, however minor, can have far-reaching and long-term effects on individuals, families and service providers.

With people living longer, risks in the home have evolved and whilst we have reduced the number of dwelling fires and associated casualties, the amount of persons suffering a fall in their home requiring medical attention has increased. Evidence suggests that young children, particularly under 5's are at risk from Unintentional Harm ranging from choking to trapping fingers in doors. Other vulnerabilities include conditions or dependences such as Dementia, Frailty, Drugs and Alcohol and Fuel Poverty.

By adapting our approach to home safety and assessing risk holistically, in partnership our aim is to reduce a wide range of Unintentional Harm in the home extending beyond fire. This can be achieved by preventative advice, physical measures or referral to the SFRS or an appropriate partner agency.

This priority also supports the East Lothian Plan 2017-27.

We will achieve it by:

- *Providing a highly skilled, well trained and appropriate Firefighting response*
- *In partnership, proactively identifying those most at risk from Unintentional Harm in the home*
- *Conducting holistic Home Safety Visits that assess a range of risks within the home including fire, slips, trips and fall and other vulnerabilities*
- *Exchanging risk information with partners including referrals.*

We will monitor progress by:

- *Reviewing and reporting the number of accidental dwelling fires and associated casualties and fatalities*
- *Reviewing and reporting the number of Home Safety Visits conducted and smoke detectors fitted/issued*
- *Reviewing and reporting the number of Home Safety Visits that have provided advice or measures with the aim of reducing unintentional harm and injury in the home*
- *Reviewing and reporting how many occasions we have referred and received partner referrals for persons vulnerable to Unintentional Harm and injury in the home.*

Expected Outcomes:

- *Support the independent living of vulnerable people within East Lothian*
- *Reduce the social and economic cost of Unintentional Harm in the home including fires and slips, trips and falls.*

We will promote Community Resilience whilst contributing to improved outcomes for people involved in non-fire emergencies

“Special Service” is the Fire and Rescue Service term given to non-fire related emergencies/incidents including, Road Traffic Collisions (RTCs), Rescue from Water, Flooding, Height, Confined Space, Structural Collapse, Hazardous Material incidents and Out of Hospital Cardiac Arrest (OHCA) co-response with the Scottish Ambulance Service. Unfortunately, when incidents of this type occur they often involve casualties and sometimes fatalities.

East Lothian has a diverse range of Special Service risks including busy A and B class roads that are used regularly by commuters and tourists, Torness Power Station and many commercial businesses.

On average, 16% of all SFRS incidents each year in East Lothian are Special Service calls. As the SFRS explore opportunities for assisting our partners through emergency intervention there is a potential for associated casualty figures to continue to rise as we attend more Special Service incidents.

We will look to improve existing preventative strategies with Community Partners whilst ensuring that should we need to provide emergency response, we can do, effectively and efficiently, in order to improve outcomes for all Special Service Casualties.

This priority also supports the East Lothian Plan 2017-27.

We will achieve it by:

- *Being an integral component of East Lothian Community Planning and championing an effective partnership approach to risk reduction*
- *Education and awareness aimed at high-risk groups within our communities*
- *Training our staff and locating our resources in order to provide an effective and efficient emergency response*
- *Building on our relationships with other emergency services and improving how we work together through prevention and intervention.*

We will monitor progress by:

- *Reviewing and reporting on the number of Special Service Casualties including OHCA, RTC, Water/ Flood Rescue, and effecting entry*
- *Monitoring and evaluating SFRS participation in community events and initiatives designed to enhance community resilience.*

Expected Outcomes:

- *Improved outcomes for persons suffering an Out of Hospital Cardiac Arrest in East Lothian*
- *Reduce the social and economic cost of Special Service Casualties*
- *Where capacity exists, reduce the demand on Community Partners through prevention and intervention activities.*

Together with our Community Partners, we will contribute to making the roads in East Lothian safer

Road Traffic Collisions (RTC's) and associated casualty figures in Scotland and East Lothian have reduced over the previous twenty years. However, in East Lothian over the last 5 years we have seen a 42% increase in our operational activity in this area. RTC's have a significant impact on families, the community and our partnership role is to reduce this impact through education.

As well as providing an emergency response to accidents on our roads, the SFRS have a key role to play in reducing RTC's through education and raising awareness in partnership with our Community Partners. By using experience and statistical evidence we will identify those most likely to be involved in a RTC in East Lothian, with these groups being the focus of attention for prevention activities based on risk.

We will aim to build on existing local prevention initiatives and in partnership look to utilise our resources innovatively, efficiently and proactively with the ultimate aim of making the roads in East Lothian safer.

This priority supports the *East Lothian Plan 2017-27*.

We will achieve it by:

- *Working with our partners within East Lothian to identify those groups most at risk*
- *Delivering the appropriate prevention activities to those most at risk whilst being proactive and innovative*
- *Continued support of the Community Planning Partnership (CPP) Road Safety Working Group*
- *Encouraging young drivers and other groups to be responsible road users through active engagement and education.*

We will monitor progress by:

- *Reviewing and reporting on the number and type of road traffic collisions within East Lothian*
- *Reporting and evaluating the effectiveness of our partnership prevention activities.*

Expected Outcomes:

- *SFRS to have contributed towards reducing the number of people killed or seriously injured on roads in East Lothian*
- *SFRS to have contributed to the reduction of Road Traffic Collisions within East Lothian*
- *SFRS to have contributed to reducing the consequences and associated community impacts of RTC's.*

As part of a Community Partnership, we will challenge Anti-Social Behaviour

Anti-social behaviour can manifest itself in many ways and often has a significant detrimental effect on communities for a number of reasons.

The SFRS generally experience anti-social behaviour through deliberate fire setting which can sometimes manifest into physical or verbal violence to our crews. Thankfully, the latter is a rare occurrence in East Lothian, however, the figures relating to Deliberate Fire Setting are not so positive.

There is often a close link between deliberate fires and anti-social behaviour and predominately involves malicious ignition of refuse, grass, woodland. Incidents of this type accounted for approximately 16% of our operational activity over the last five years. Sadly, the SFRS in East Lothian has seen an increase of over 50% in the last 5 years. Due to the sporadic and random nature of many deliberately started fires, prevention activities are often reactive.

As a Service, we recognise our responsibility in reducing anti-social behaviour and its impact, this extends to not only fire related instances but includes other social issues such a Domestic Abuse.

This priority supports the *East Lothian Plan 2017-27*.

We will achieve it by:

- *In partnership identifying those parts of East Lothian affected by deliberate fire setting, whilst delivering effective prevention activities*
- *Acting as role models to promote good citizenship, especially with those who have or are likely to become involved in deliberate fire setting*
- *Continued support of East Lothian Safer Communities Team and the Multi Agency Risk Assessment Conference (MARAC) in relation to Domestic Abuse*
- *Exploring opportunities to lead and participate in innovative projects.*

We will monitor progress by:

- *Reviewing and reporting on the number and type of deliberate fire setting incidents within East Lothian*
- *Evaluating and reporting on the effectiveness of our youth engagement/intervention programmes and monitoring our attendance at MARAC's.*

Expected Outcomes:

- *Support the promotion of "people and place" across East Lothian*
- *Support our communities in feeling safe from crime, disorder and danger*
- *Reduce the number of attendances to fires of a deliberate nature, particularly secondary fires*
- *Reduce the adverse effects and negative impacts which deliberate fire setting has on people's lives within East Lothian.*

In partnership, we will aim to reduce the occurrence and impact of Unwanted Fire Alarm Signals.

Unwanted Fire Alarm Signals (UFAS) are defined as incidents where an automated fire alarm system activates and results in the mobilisation of SFRS when there is no fire. Whilst a small number of fire alarm signals generated are due to confirmed fire conditions, the vast majority are “false alarms”.

With UFAS accounting for over 33% of our incident activity it's clear that this places a significant burden on SFRS in terms of resources, time and associated costs.

The impact of UFAS in the wider community can be very significant in terms of business disruption, effects on health care premises, education establishments and any other non-domestic premises effected by this. The level of unnecessary blue light response journeys also increase road risks and hazards to firefighters and to the public and also have a detrimental impact on the environment through additional carbon emissions. Active and positive engagement with occupiers to take responsibility in limiting the number of UFAS incidents within their premises is integral to reducing these impacts.

We will achieve it by:

- *Investigating the cause of each UFAS call and documenting the information gained*
- *Engaging with duty holders and those responsible for fire safety management of premises to examine causes of UFAS calls and provide advice to prevent re-occurrence*
- *Look to reduce the number of fire appliances mobilised using a risk based approach to responding to automated fire alarms*
- *Maintaining a dedicated UFAS champion within the East Lothian area to oversee performance and best practice approaches to UFAS reduction.*

We will monitor progress by:

- *Reviewing and reporting on the number of UFAS calls in the East Lothian area*
- *Reviewing and reporting on risk based reductions in the SFRS weight of response to premises with automated fire alarm systems.*

Expected Outcomes:

- *Reduce the demand on the SFRS from UFAS*
- *Reduce the economic cost to commerce in East Lothian from disruption from UFAS*
- *Reduce the impact on education premises and health care facilities from UFAS*
- *Reduced vehicle movements, increasing capacity for other activity, improved road safety and reduced carbon footprint.*

Review

To ensure this Local Fire and Rescue Plan remains flexible to emerging local or national priorities a review may be carried out at any time but will be reviewed at least once every three years. A review may also be carried out if the Scottish Minister directs it or if a new Strategic Plan is approved. Following a review the Local Senior Officer may revise the Plan.

Contact Us

We are fully committed to continually improving the service we provide to our communities and recognise that to achieve this goal we must listen and respond to the views of the public and our partners.

We use all feedback we receive to monitor our performance and incorporate this information into our planning and governance processes in order to continually improve our service. We are proud that the majority of feedback we receive is positive and we are keen to hear examples of good practice and quality service delivery that exemplifies the standards of service that we strive to provide for the communities of Scotland.

If you have something you'd like to share with us or you would like more information, you can get in touch in a number of ways:

Write to: Scottish Fire and Rescue Service
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