



REPORT TO: East Lothian Integration Joint Board

MEETING DATE: 22 March 2018

BY: Chief Officer

SUBJECT: MELDAP/Substance Misuse Services – Service Development and Financial Plan Update for 2018/19

1 PURPOSE

- 1.1 This report provides the Integration Joint Board with an update on the total resource available to East Lothian Health and Social Care Partnership (ELHSCP) in the financial year 2018-19 for substance misuse services (SMS). It also presents an update on ongoing SMS service development and makes recommendations for Directions to be issued to NHS Lothian and East Lothian Council setting priority actions for delivery of SMS in East Lothian during 2018/19.

2 RECOMMENDATIONS

- 2.1 The IJB is asked to:
- i note the anticipated resource allocation to East Lothian's SMS in 2018/19 as outlined in Section 3.1;
 - ii approve the resource allocation funding recommendations in Section 4 on the application of the total SMS resource available in 2018/19;
 - iii approve the recommendations in Section 5 for East Lothian IJB Directions to NHS Lothian and East Lothian Council respectively for delivery of centrally and locally provided SMS to ELHSCP within 2018/19; and to
 - iv note SMS progress reports will be brought forward during 2018/19.

3 BACKGROUND

Financial Overview

- 3.1 The Scottish Government have indicated that they will make an additional £20m available nationally within 2018–19 to address drug

and alcohol issues. ELHSCP, at 1.9% of the Scottish population, can expect to receive £380,000. Formal confirmation of this additional resource is expected in March 2018.

This will inflate the total revenue available to EL HSCP for SMS to £2,390,861, as detailed in Table 1 below.

TABLE 1

Revenue Source 2018/19	£
East Lothian Council	129,200
Scottish Government recurring funding @ pcnrac 12%	1,066,456
ELHSCP– 12% of NHS Lothian core funding	815,205
Additional Scottish Government revenue for 2018 - 19	380,000
TOTAL REVENUE	2,390,861

3.2 Current practice separates out the revenue allocations into Alcohol and Drug Partnerships (MELDAP) and NHS Lothian Core funding. Historically East Lothian has not received their full 12% allocation of care monies. In 2017/18 EL HSCP received £658,787. This paper assumes that that ELHSCP secure their full 12% allocation, i.e. £815,205 as reflected in Table 1 above and as agreed pan-Lothian by the four IJB Chief Officers and NHSL in 2017/18.

Service Provision and Development Plans

3.3 ELHSCP and MELDAP are currently implementing the SMS Recovery Hub. This is situated within the Esk Centre, Musselburgh and comprises the core SMS team and additional services commissioned through MELD, 3rd sector partners. Integration of these services will enable more robust collaborative management of our main capacity for first point of access to SMS services. Further integration of service response within the hub is the recommended development of a link worker to work alongside housing colleagues to develop the “Housing First” model of support to individuals experiencing homelessness.

3.4 East Lothian has seen a continued rise in the numbers of drug related deaths throughout the county. Whilst this is a national trend, it is recognised that more local engagement and visibility of services, such as assertive outreach, would improve our ability to reach out to and support individuals with substance misuse issues.

3.5 It is a key recommendation of this plan that the new investment is applied to the implementation of locality based services supporting Primary Care, with teams in Dunbar, Haddington, North Berwick and Tranent/ Prestonpans, intent on providing additional community-based GP/Special Interest, Community Psychiatric Nursing and Peer Support/Assertive Outreach capacity.

- 3.6 This will enable greater affiliation with the respective GP cluster, with the expectation that the patient pathways provide patient flow from the main SMS team back to the respective locality for the individual, supported through their GP and the locality team. This would enable us to robustly manage the capacity of the core SMS team and consistently deliver access to services within the LDP target of 21 days.
- 3.7 Another main initiative is the integration of the offer of support to individuals in custody through enhancing the capacity for partnership work with Community Justice colleagues to address and reduce re-offending.

Addressing Further Gaps

- 3.8 Services for Children & Young People: It has long been the intention of MELDAP to enhance service provision, early intervention and prevention services to children and young people. It is proposed that alongside continuation of the current young people provision, we will initiate a young people's service to address alcohol and drugs use and misuse and its core include medical, psycho-social and specialist harm reduction interventions that build resilience and reduce the immediate and long term harm caused by the misuse of substances.
- 3.9 Independent advocacy for people experiencing difficulties related to substance misuse: The expectation of availability of independent advocacy services to people with substance misuse issues was included in the Scottish Government "Road to Recovery" 2008, Scotland's national policy. To date EL has not provided this service and it is intended to introduce independent advocacy services in 2018/19.
- 3.10 Service Quality and Performance Reporting: ELHSCP and MELDAP have initiated dialogue with centrally provided services to reach agreement on quality and performance reporting. Throughout 2018/19 it has been agreed that the HSCP and MELDAP will receive quarterly reports detailing activity, patient outcomes and financial targets. This will enable far more robust oversight in the coming year, and allow the ADP and the HSCP to take more informed decisions about future investment or disinvestment in the centrally delivered services. For this coming financial year it is recommended that we continue to support the central services at the current level. Pan Lothian services – delivered centrally are:
- Milestone House: residential rehab for individuals with alcohol related brain damage
 - LEAP: Lothian and Edinburgh Abstinence Programme
 - RITSON clinic – inpatient alcohol detox
 - Harm reduction team and pharmacological support
 - Primary Care services, NES contract, Alcohol Brief Interventions etc.

SMS and MELDAP Service Priorities 2018/19

- 3.11 The range of the ambition for East Lothian Substance Misuse Services is significant however there is confidence that this can be achieved through the proposed allocation of revenue in 2018/19 as detailed in Table 2.

TABLE 2

Service Area	£
Lothian centrally delivered services	634,194 With 5 areas of investment totalling £99,880 to be placed under review in 2018/19
MELDAP - Core ADP office	59,000
Core SMS team	573,563
MELD/ELCA	293,269
New Locality SMS teams	252,077
Recovery and Post Treatment services	203,970
Children and Young Peoples services	274,707
Reducing Re-offending and Court Support	40,000
Housing First model	60,000
Total Financial Commitment	2,390,780

HSCP Directions

- 3.12 This update report seeks the support to progress this ambition through the ELHSCP governance processes with the intention of informing the EL Directions for 2018/19 as follows:

Recommendations:

- 3.13 In recognition that SMS services are delegated in their entirety to HSCPs for strategic planning and delivery, it is recommended that the revenue resource in full, as detailed at Table 1, is transferred to ELHSCP.
- 3.14 ELHSCP request establishment and allocation of the “core spend” reaches the full 12% allocation as agreed in 2017/18 i.e. £815,205.
- 3.15 It is proposed that ELHSCP will continue to support centrally delivered services at the current level for 2018/19, with the expectation that quarterly reports detailing patient activity and outcomes, plus financial targets, are received. ELHSCP will seek to give indications within Quarter 3 of any changes to their required use and financial commitment for 2019/20.
- 3.16 ELHSCP is, as outlined in 3.2 and 3.3 above, required to progress implementation of the locality based services to enhance Primary Care and assertive outreach to be a core focus of the enhanced SMS offer to the East Lothian public in 2018/19.

4 POLICY IMPLICATIONS

- 4.1 There are no new policy implications arising from this report. The financial and service development update provided in this report enables implementation of the MELDAP Strategic Plan and supports East Lothian's delivery of SMS to meet national and local strategic drivers. Service developments within the SMS also contribute to the delivery of the East Lothian Community Justice Local Outcome Improvement Plan.

5 INTEGRATED IMPACT ASSESSMENT

- 5.1 The subject of this report has not been through the Integrated Impact Assessment process as it provides update and progress reporting on SMS delivery within East Lothian. Any specific service developments which require it will complete the Integrated Impact Assessment process as and when proposals come forward.

6 RESOURCE IMPLICATIONS

- 6.1 Financial – The assumed resource allocation to ELHSCP for provision of SMS is summarised in Section 3.1 above. All service commitments and developments outlined within this report will be delivered within approved allocated resources.
- 6.2 Personnel – Any staffing or service redesign activity arising out of implementation of Directions will be subject to appropriate operational management and organisational governance arrangements.
- 6.3 Other – Oversight of the delivery of SMS in East and Midlothian, through the MELDAP Strategic Plan, is undertaken within the MELDAP Strategic Group. The ELHSCP SMS and MELDAP service development priorities outlined in this progress report comply with the MELDAP Strategic Plan.

7 BACKGROUND PAPERS

- 7.1 21 December 2016
Item 8 - Drugs and Alcohol Funding in East Lothian 2016/17

30 March 2017
Item 10 - Drug and Alcohol Funding in East Lothian 2016/17 and 2017/18

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