

REPORT TO: Policy and Performance Review Committee

MEETING DATE: 27 January 2015

BY: Director of Health and Social Care Partnership

SUBJECT: Delayed Discharges

1 PURPOSE

- 1.1 To invite members of the Committee to discuss delayed discharge performance in East Lothian.

2 RECOMMENDATIONS

Members are asked to:

- 2.1 Discuss the issues involved in performance on delayed discharge.

3 BACKGROUND

- 3.1 The current national target for delayed discharge performance is that there should be no one waiting more than 4 weeks for discharge from hospital. This is reflected in the East Lothian Single Outcome Agreement.
- 3.2 From April 2015 the target is that no one should wait more than 2 weeks.
- 3.3 Delayed discharge is essentially the situation where an individual's need for healthcare in their current location is completed and they are waiting for provision of care in another location or from another type of service.
- 3.4 Other locations or services are primarily another healthcare service, a care home or care at home. The definition also includes waiting for housing or adaptations or where discharge is delayed for other reasons e.g. guardianship or dispute.
- 3.5 Delayed discharge patients are monitored daily through a system called "EDISON" which is accessed and updated by both NHS and Council staff.

- 3.6 On a monthly basis the data on “EDISON” is “validated” to provide an accurate snapshot (census) of those actually available at that point in time to transfer but without a definite transfer planned. Those excluded from the validated data include disputes, guardianship, those who have transfer dates, “complex” cases and those whose health prevents transfer at that point.
- 3.7 There is therefore a difference between the numbers on the live system (EDISON) which is used for day to day management and the validated (census) numbers which are used for performance monitoring and national data analysis. It is normal for about 50% of delays on EDISON to be excluded from the validated data.
- 3.8 Appendix 1 shows East Lothian performance on the validated census data in December 2014. It also includes the rest of Lothian. There were 31 validated delays with 18 over 4 weeks and 25 over 2 weeks.
- 3.9 Appendix 2 shows validated East Lothian total number of delays from April 2013 to December 2014 along with the rest of Lothian. This shows that East Lothian performance has fluctuated. The lowest number in this period was 15 delays in October 2013 and the highest number was 43 in September 2014. The months since September have seen fluctuations, but a general improvement.
- 3.10 However, prior to this form of data collection (i.e. over the past 4 years) East Lothian has had as few as 5 validated delays and as many as 45.
- 3.11 Appendix 3 shows recent data from EDISON to illustrate the main reasons for delay in East Lothian. This shows that the biggest single reason for delay is access to nursing home places. The next biggest reason is access to home care (although this is less than half the number waiting for a nursing home place).
- 3.12 The key issues in East Lothian that are contributing to the problem are.
- 3.13 First, the vulnerability of the care home market where there has consistently been at least one care home with restricted access due to concerns.
- 3.14 Second, the vulnerability of the care at home market where providers have faced real challenges in recruitment and retention of staff which has restricted their ability to respond timeously to packages of care for people in hospital.
- 3.15 At the same time the Adult Wellbeing Service has to balance the priority of people waiting in hospital with people currently at home whose situation is deteriorating. In order to support these people at home or to access a care home and avoid a hospital admission, it can be more important to meet their needs.

- 3.16 The Health and Social Care Partnership has been actively working on this problem. A delayed discharge action plan has been in place since September 2014 and is under regular update and revision.
- 3.17 The key actions taken recently are:
- 3.18 Opening of 20 step down beds in Crookston Care Home.
- 3.19 Establishment of the Hospital to Home service.
- 3.20 Supporting care homes to address concerns and receive admissions.
- 3.21 Support to the emerging social enterprise for home care.
- 3.22 Support to independent providers of home care in terms of recruitment and retention and training and development of staff.
- 3.23 Review the process between NHS and Adult Wellbeing for managing delayed patients by establishing a “discharge hub” at Roodlands Hospital.
- 3.24 Improving our capacity to prevent admissions by funding additional capacity in the Emergency Care Service and establishing ELSIE (East Lothian Service for Integrated care for the Elderly).
- 3.25 Looking forward, there will be opportunities through the Integrated Care Fund to further improve our response and these are being developed as part of the draft strategic plan for the Integration Joint Board for health and social care.

4 POLICY IMPLICATIONS

- 4.1 The achievement of the national standards is set out in the Single Outcome Agreement. It is likely that the 2 week standard will not be met by April 2015.

5 EQUALITIES IMPACT ASSESSMENT

- 5.1 This report is not applicable to the well being of equalities groups and an Equalities Impact Assessment is not required.

6 RESOURCE IMPLICATIONS

- 6.1 Financial – significant additional resources have been committed to the actions set out above. These have come from non-recurring sources such as the Reshaping Care For Older People Change Fund, direct allocations from Scottish Government for delayed discharge, but have also resulted in pressures on operational budgets in the NHS and in Adult Wellbeing.

6.2 Personnel - there are no direct implications of this paper.

6.3 Other – none

7 BACKGROUND PAPERS

7.1 None

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Appendix 1

December 2014 Validated Delayed Discharges

	Edinburgh	East Lothian	Midlothian	West Lothian	Non - Lothian
Overall	141	31	8	12	4
Over 4 Weeks	49	18	0	3	1
Over 2 Weeks	92	25	1	8	2

APPENDIX 2

Total Validated Delayed Discharges April 2013 to December 2014

2013/14	April 2013	May-13	Jun-13	Jul-13	Aug-13	Sep-13	Oct-13	Nov-13	Dec-13	Jan-14	Feb-14	Mar-14
Overall Total	107	121	109	129	112	133	155	131	155	164	142	156
Edinburgh	62	85	71	91	87	102	130	97	113	119	108	118
East Lothian	30	28	29	30	21	22	15	24	22	19	16	17
Midlothian	12	4	6	7	4	6	5	7	7	12	10	14
West Lothian	2	3	1	1	0	2	2	1	9	12	5	4
Non-Lothian	1	1	2	0	0	1	3	2	4	2	3	3

2014/15	Apr-14	May-14	Jun-14	Jul-14	Aug-14	Sep-14	Oct-14	Nov-14	Dec-14	Jan-15	Feb-15	Mar-15
Overall Total	136	173	185	177	210	178	195	164	196			
Edinburgh	97	133	139	133	147	114	151	108	141			
East Lothian	25	19	30	25	30	43	30	37	31			
Midlothian	7	13	11	13	18	10	3	8	8			
West Lothian	5	4	4	5	9	8	9	9	12			
Non-Lothian	2	4	1	1	6	3	2	2	4			

Appendix 3 – Total Delays By Reason

