



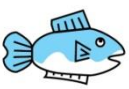
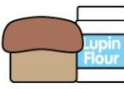












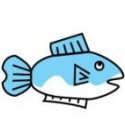











DISHES AND THEIR ALLERGEN CONTENT – EAST LoTHIAN HIGH SCHOOLS – MAINS MEALS

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BREADED FISH		X			X									
PASTA IN A TOMATO SAUCE		X							May Contain				May Contain	
PORK & CARROT MEATBALLS														X
SWEET POTATO CURRY														
BEEF CHILLI CON CARNE														
MACARONI CHEESE		X					X		X				May Contain	
BBQ CHICKEN FILLET														
SWEET POTATO BURRITO BOWL							X							
PIZZA		X					X							
SWEET POTATO & SALMON FISHCAKE		X			X									
CHICKEN GOUJON		X												
VEGETARIN TACOS		X		X										

Review date:

Reviewed by:

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
QUORN DIPPERS		X												
POTATO WEDGES														
AMERICAN STYLE RICE														
PORK SAUSAGES		X												X
MASH POTATOES							X							
CHERRY TOMATO PASTA WITH FETA CHEESE		X					X		May Contain				May Contain	
POTATO & BEAN PIE														
3 BEAN CHILLI														
SPANISH RICE														
STEAK PIE		X		X			X							
GARLIC BREAD		X					X							
CHAPATI		X												
PASTA PESTO		X							May Contain				May Contain	

