

# **East Lothian Poverty Profile 2024**

**Version 1: May 2024**

The data contained in this version of the Poverty Profile is generally the latest available as at May 2024. Later versions of the Profile may contain more up-to-date data where available.

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## Introduction and Summary

This Poverty Profile draws together in one place data from national and local sources to provide a comprehensive analysis of poverty in East Lothian.

These are some of the headlines from the May 2024 profile.

### ***Life Expectancy***

Life expectancy at birth for males in East Lothian is 78.7 years compared to 76.5 for males in Scotland and it is 82.1 years for females in East Lothian compared to Scottish average of 80.7 years.

Female life expectancy in East Linton is 86.3 years but only 78.9 in Wallyford/ Whitecraig. Male life expectancy is 83.5 years in North Berwick but only 77.1 in Wallyford/ Whitecraig.

### ***Scottish Index of Multiple Deprivation 2020***

8 (6%) of East Lothian's 132 data zones were ranked in the 20% most deprived in Scotland whilst 26 (20%) were in the 20% least deprived in Scotland. Four of these datazones are in Tranent, three are in Prestonpans and one is in Musselburgh.

More than twice as many people in East Lothian live in datazones that are in the least deprived 20% datazones in Scotland than in the 20% most deprived.

The disparity between wards is evidenced across almost all of the data that goes into developing the Scottish Index of Multiple Deprivation. For example, 13.4% of the Musselburgh's population and 12.5% of Tranent Wallyford & Macmerry was deemed to be income deprived compared to only 4.8% of North Berwick Coastal and 7.9% of Dunbar & East Linton wards.

### ***Child Poverty***

Using the most commonly used measure of child poverty – the percentage of children living in households with below 60% median income after housing costs – East Lothian was around the Scottish average from 2014 to 2020. However, in the last two years for which data has been reported it fell below the Scottish average – 18.9% in 2020/21 and 21.2% in 2021/22 compared to the Scottish average of 24.5% in both years.

Other Child Poverty measures based on before housing costs suggest East Lothian has lower rates of child poverty than the Scottish average. The 2022/23 estimates show that 16.3% of East Lothian children live in families in 'Relative' poverty and 12.8% are in 'Absolute' poverty compared to the Scottish averages of 21.3% and 17.1%.

The child poverty statistics that is available at a ward level show clear and significant disparity between wards. For example, the percentage of children living in 'Relative'

poverty and 'Absolute' poverty varies from 23.4% and 17.1% in the Musselburgh ward to 7.7% and 6.7% in the North Berwick Coastal ward.

### **Homelessness**

East Lothian has a slightly lower level of homelessness than the Scottish average – 113 per 100,000 compared to 126; but a higher proportion of homeless people in East Lothian are in temporary accommodation – 80 per 100,000 compared to 59.

### **Free School Meals**

There has been an increase in secondary school pupils registered for Free School Meals from 11.8% to 12.5% between 2022 and 2023.

### **Economic Activity and Earnings**

In 2023/24, 82.4% of East Lothian's working age population were economically active compared to the Scottish rate of 77.5%.

The claimant count data for October 2023 (Job Seekers Allowance claimants and Universal Credit claimants seeking work) showed the proportion of claimants to the working age population was 2.3%, which was 0.6% lower than the Scottish figure.

However, whilst unemployment is lower in East Lothian than across Scotland the wages/ salaries of East Lothian residents are lower than the Scottish average. In 2023 the Full Time median hourly rate of pay of people who live in East Lothian was £17.71 compared to £18.09 across Scotland as a whole. The median hourly rate of pay for males in East Lothian was £18.99 compared to only £16.88 for females.

### **Food and Fuel Poverty**

The last few years have seen significant increases in both food and fuel poverty as a result of the 'cost of living crisis'. East Lothian Foodbank has reported that it has seen a 200% increase in the provision of emergency food parcels since 2017.

The latest available national figures for fuel poverty (2017-2019) show that 24% of East Lothian households were estimated as being in fuel poverty, which was the same as the Scottish average.

### **Health**

For two of the key indicators of child health – Child Healthy Weight and Immunisation – East Lothian is at the Scottish average; and for two of the other key indicators – Child Dental Health at P1 and Breastfeeding 6 to 8 weeks – East Lothian is better than the Scottish average. A slightly higher proportion of East Lothian children are of a clinically healthy weight – 83.1% compared to 82.4%.

Most of the key indicators of adult health including Bowel Screening uptake, asthma patient hospitalisations, COPD patient hospitalisations and CHD patient hospitalisations, are all more positive in East Lothian than the Scottish averages.

However, a higher proportion of East Lothian adults are classed as obese and morbidly obese – 37% compared to Scottish average of 29%.

### **Universal Credit**

The number of Universal Credit claimants in East Lothian increased from 5,842 (Feb 2020) to 9,821 (March 2024) – a 68.1% increase. Across Scotland the increase was 108.6%. In March 2024, 9% of East Lothian’s population was in Households receiving Universal Credit compared to the Scottish average of 9.7%

In February 2020, 1,668 Universal Credit claimants were seeking work. The number and percentage of working age population seeking work rose from 1,668 (2.5%) to 3,370 (5.1%) in August 2020 then fell to 1,379 (2.1%) in January 2023 but rose slightly through 2023. In March 2024, there were 1,493 Universal Credit claimants in East Lothian seeking work – 2.2% of the working age population. By comparison in February 2020, 2.8% of the Scottish working age population was seeking work, 5.6% in August 2023 and 2.9% in March 2024.

### **So What?**

Having all this data and statistics pulled together in one place is hopefully interesting and useful, but what does it tell us about poverty in East Lothian?

The profile shows that on almost all measures East Lothian has lower levels of poverty than most other parts of Scotland. But the relative ‘affluence’ of East Lothian masks significant levels of poverty in some parts of the county.

The data consistently shows that Musselburgh, Tranent Wallyford & Macmerry wards have higher levels of poverty than other areas. A plethora of indicators can be used to measure/ compare the relative levels of poverty across East Lothian. The table below provides a general estimate of the proportion of poverty levels across East Lothian’s six wards based on various actual and proxy measures provided by SIMD 2020 and the other sources summarised in this profile.

### **Estimate of proportion of East Lothian’s poverty across six wards**

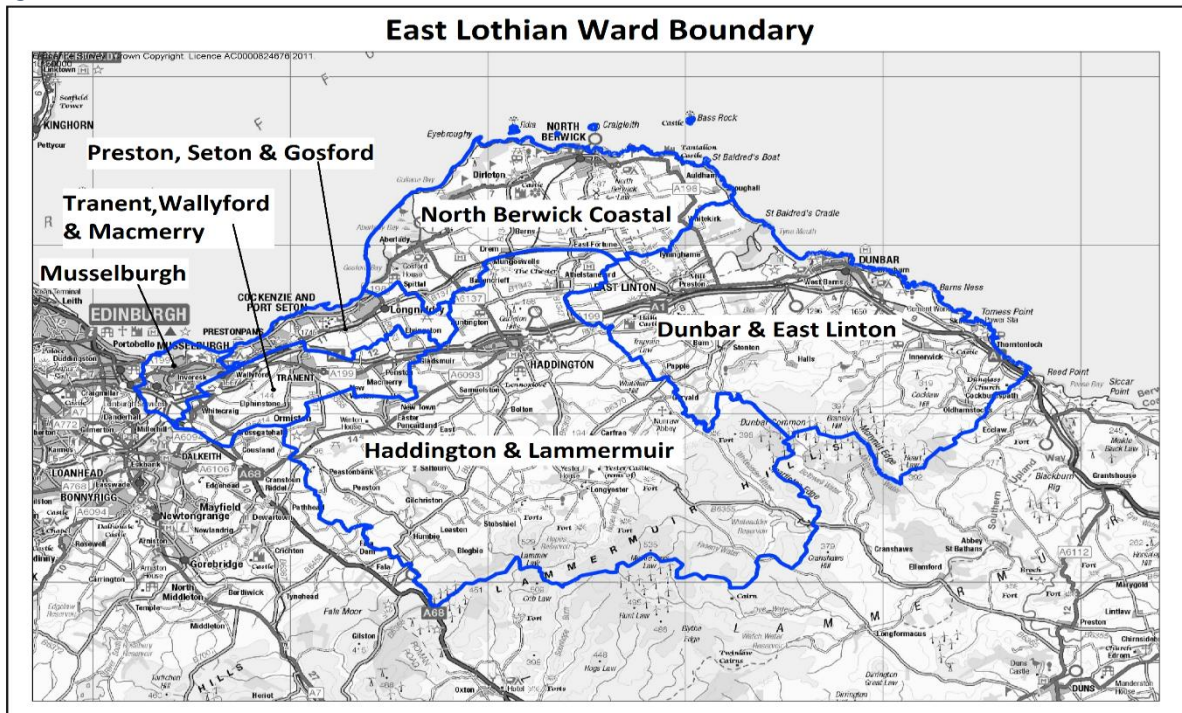
<b>Ward</b>	
Musselburgh	24%
Tranent Wallyford & Macmerry	24%
Preston Seton Gosford	18%
Haddington & Lammermuir	16%
Dunbar & East Linton	10%
North Berwick Coastal	8%

This profile is up-to-date as at May 2024. But data is being updated at different times and for different periods. Some data in this profile is already several years old (e.g. the latest Scottish Index of Multiple Deprivation was published in February 2020 but was based on data from 2019 or even earlier, some going back to the 2011 census). To keep the profile as current and relevant as possible we hope to be able to provide updates twice a year.

## Population

East Lothian covers 679 Km<sup>2</sup> and is largely rural. There are 6 main towns, Musselburgh, Tranent, Prestonpans, North Berwick and Haddington. It is bordered by Edinburgh and Midlothian to the west and the Scottish Borders to the south. East Lothian is divided into 6 Wards shown in the map below.

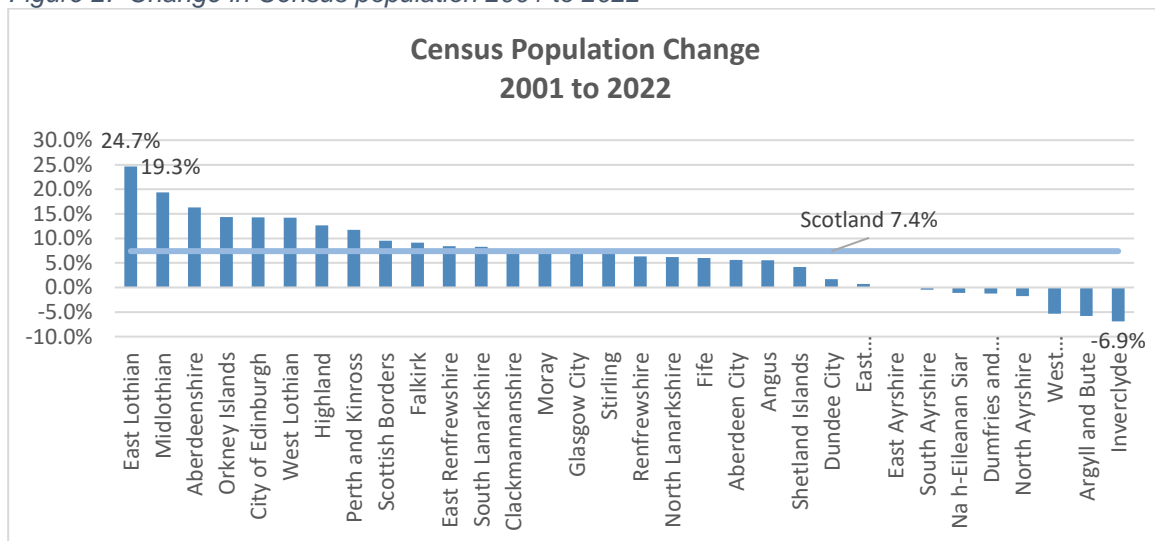
Figure 1: East Lothian Council Ward Boundaries



Source: Earthlight GIS, East Lothian Council

Since 2001 East Lothian has had the highest increase in population of any Scottish local authority. Between the 2001 Census and the 2022 Census, East Lothian's population increased from just over 90,000 to 112,300 – an increase of 24.7%.

Figure 2: Change in Census population 2001 to 2022



The full results of the 2022 Census are not yet available so the age breakdown below is based on the latest National records of Scotland mid-year population estimates which under-estimate East Lothian’s population.

The 2021 population estimates in Table 1 show that there were estimated to 19,822 children aged 0-15 years in East Lothian accounting for 18.1% of the overall population. This proportion is higher than the Scottish estimate of 16.6%.

Tranent, Wallyford & Macmerry ward has the highest percentage of 0 to 15 year olds as a percentage of its overall population (19.8%), whereas North Berwick Coastal has the highest percentage of 65 and over (27.4%).

Table 1: 2021 Mid-Year Population Estimates

Mid-Year Population Estimate 2021	0 to 15	16 to 64	65 and over	All	0 to 15	16 to 64	65 and over
Dunbar & East Linton	3018	9304	3320	15642	19.3%	59.5%	21.2%
Haddington & Lammermuir	3703	11963	4413	20079	18.4%	59.6%	22.0%
Musselburgh	3052	12037	3737	18826	16.2%	63.9%	19.9%
North Berwick Coastal	2568	8149	4053	14770	17.4%	55.2%	27.4%
Preston Seton Gosford	3002	10920	3754	17676	17.0%	61.8%	21.2%
Tranent, Wallyford & Macmerry	4479	14520	3588	22587	19.8%	64.3%	15.9%
<b>East Lothian</b>	<b>19,822</b>	<b>66,893</b>	<b>22,865</b>	<b>109,580</b>	<b>18.1%</b>	<b>61.0%</b>	<b>20.9%</b>
<b>Scotland</b>	<b>911,522</b>	<b>3494517</b>	<b>1073861</b>	<b>5479900</b>	<b>16.6%</b>	<b>63.8%</b>	<b>19.6%</b>

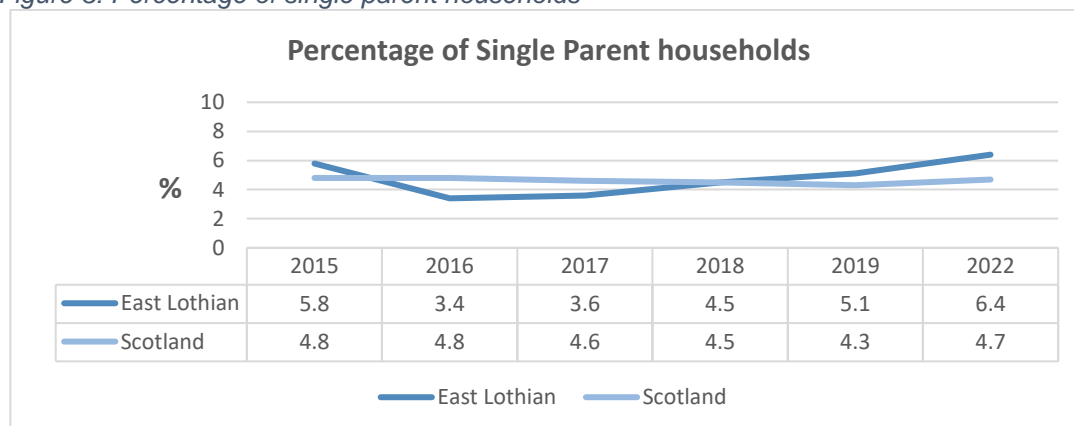
Source: National Records of Scotland, 2021 Mid-Year Population Estimate

## Households

Scotland’s Census 2022 showed that the number of households (with at least one usual resident) in East Lothian to be 48,800; an increase of 5,900 (13.7%) from Census 2011.

The 2022 Scottish Household Survey estimated that 6.4% of households in East Lothian are single parent households, higher than the Scottish figure of 4.7%.

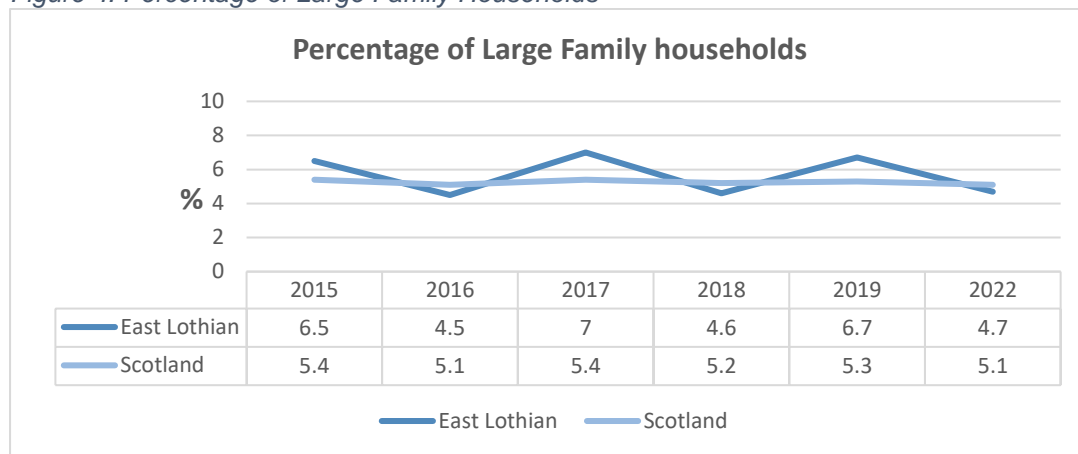
Figure 3: Percentage of single parent households



Source: Scottish Household Survey 2022

The same survey found that 4.7% of households in East Lothian are large family households compared to 5.1% across Scotland.

Figure 4: Percentage of Large Family Households

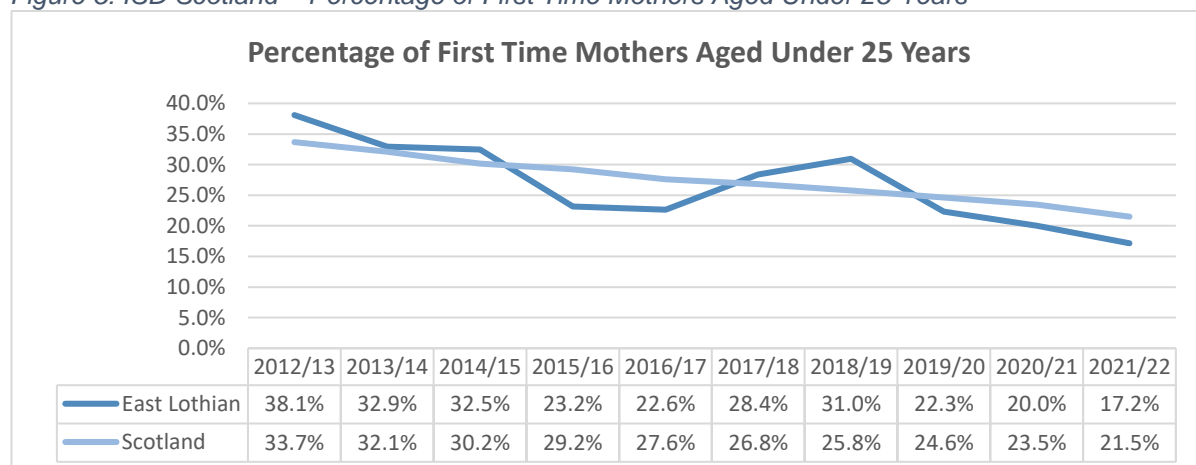


Source: Scottish Household Survey 2022

However, it should be noted since this data is based on the Scottish Household Survey the East Lothian estimates have a much lower confidence level (+/- 3.9%) compared to the much larger Scottish sample (+/-0.6%) and consequently there are much larger variances between years in the East Lothian figures than the Scottish averages.

Figure 5 displays data on first time mothers aged under 25 years as a percentage of all first mothers. The chart shows data for each financial year and is based on date of mother’s discharge from hospital. In the period 2021-22, 17.2% of first-time mothers in East Lothian were aged under 25 years; lower than the Scottish figure of 21.5%.

Figure 5: ISD Scotland – Percentage of First Time Mothers Aged Under 25 Years



Source: Public Health Scotland – Open Data Scottish Morbidity Record (SMR02) – Number of maternities for first births and non-births by deprivation and mothers age group.

## Ethnicity

The 2022 Census shows that just 2% of East Lothian’s population is from non-white minority ethnic groups and 1% are from mixed or multiple ethnic groups.



Table 2: Non-White Minority Ethnic - % of total population

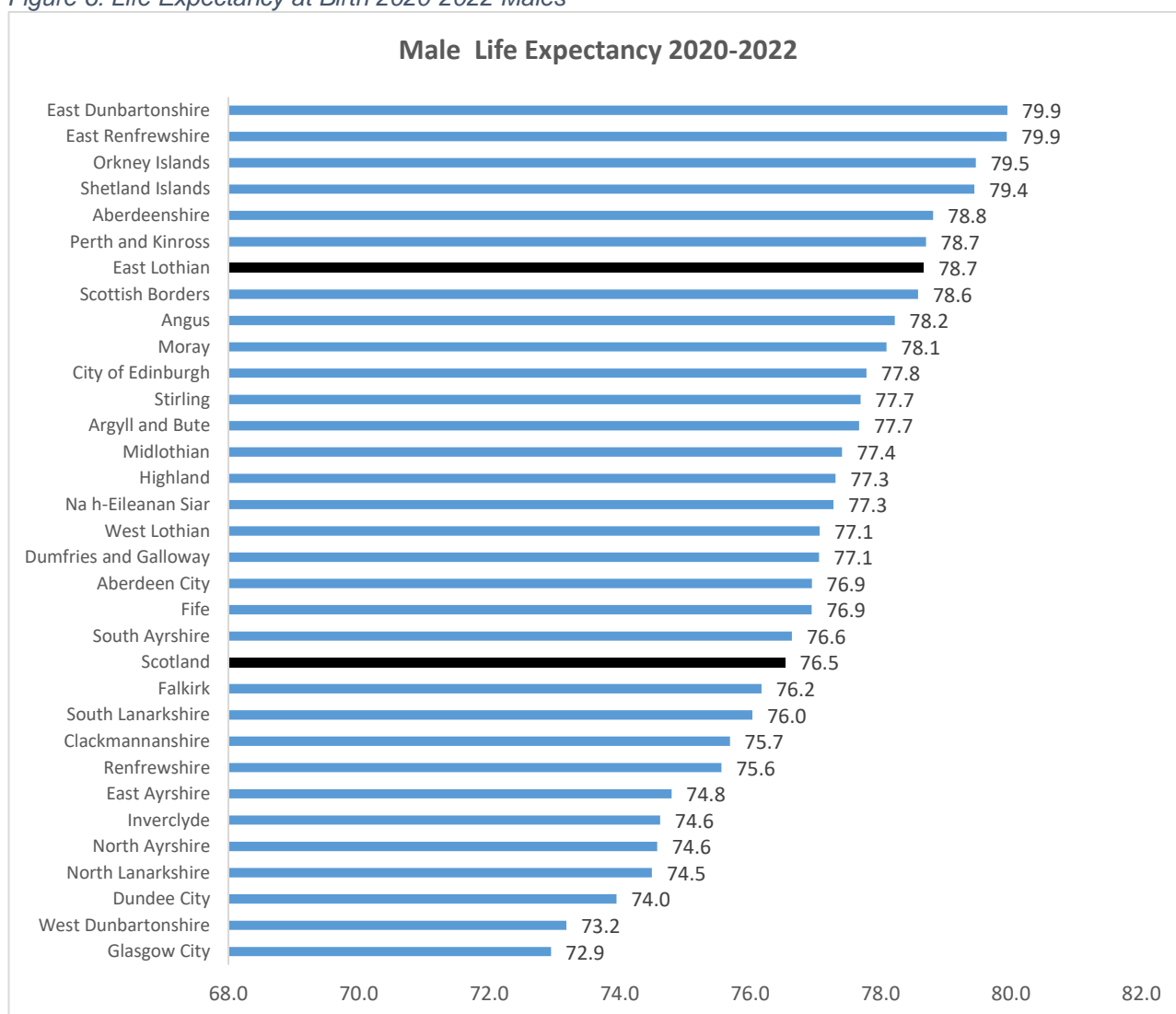
	White Total	Mixed or Multiple Ethnic Group	Asian Total	African Total	Caribbean or Black Total	Other Ethnic Groups Total
Number	108,844	1,164	1,368	315	99	496
% of total pop	96.9%	1.03%	1.22%	0.28%	0.09%	0.44%

Source: 2022 Census

## Life Expectancy

Figure 6 shows that East Lothian has a male life expectancy at birth of 78.7 years, which is the seventh highest in Scotland and higher than the national average of 76.5 years.

Figure 6: Life Expectancy at Birth 2020-2022 Males

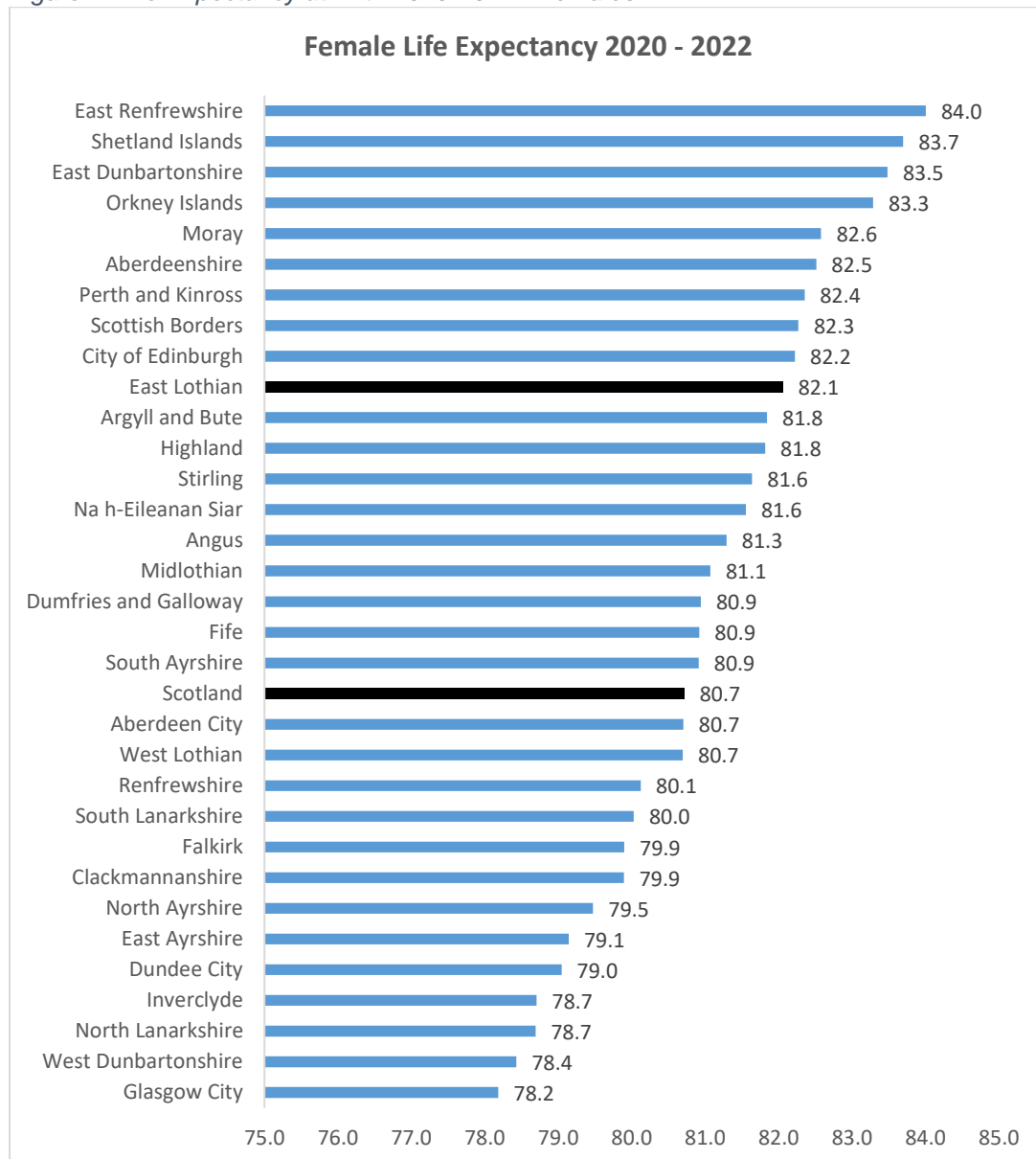


Source: National Records of Scotland – Life Expectancy in Scotland 2020-22

Figure 7 shows that East Lothian has a female life expectancy at birth of 82.1 years, which is the 10<sup>th</sup> highest in Scotland and higher than the national average of 80.7 years.

Female life expectancy in East Lothian is 3.4 years higher than the male life expectancy. Across Scotland as whole females have life expectancy 4.2 years higher than males.

Figure 7: Life Expectancy at Birth 2020-2022 - Females



Source: National Records of Scotland – Life Expectancy in Scotland 2020-2022

Healthy Life Expectancy is defined as the average number of years of life that people spend in good health. This measure is 60.7 years for males and 68.4 for females in East Lothian. This is higher than the Scottish average of 60.4 and 61.1 respectively.

It is important to note that the life expectancy and healthy life expectancy figures can mask inequalities, as some areas within East Lothian have significantly lower life expectancy than others. For example, female life expectancy in East Linton is 86.3 years but only 78.9 in Wallyford/ Whitecraig. Male life expectancy is 83.5 years in North Berwick but only 77.1 in Wallyford/ Whitecraig.

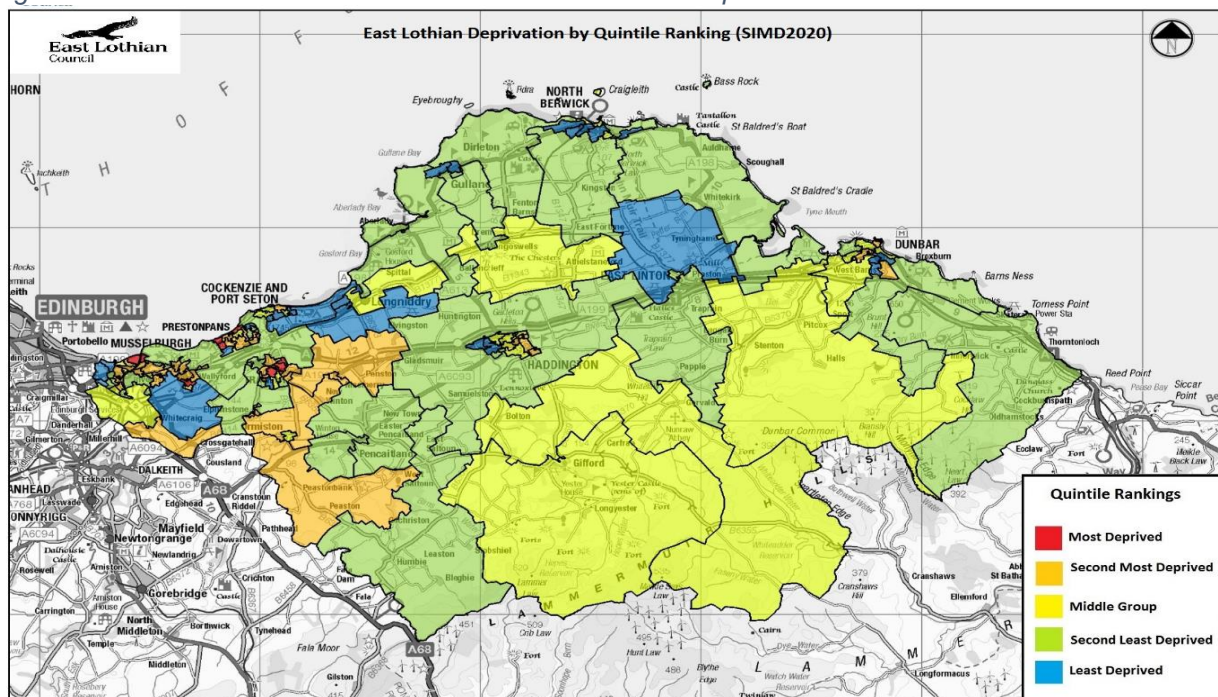
## Scottish Index of Multiple Deprivation 2020

The Scottish Index of Multiple Deprivation (SIMD) is the Scottish Government’s tool for measuring relative deprivation and identifying the most deprived areas in Scotland. The SIMD 2020 splits Scotland into 6,976 small areas, called ‘data zones’, with roughly equal populations.

A total of 34 indicators of deprivation are grouped into seven ‘domains - income; employment; health; education, geographic access to services; crime; and housing. Each domain is ranked and an overall SIMD ranking is the produced using a weighting of all seven domains with higher weighting given to the income and employment domains. The 6,976 data zones in Scotland are ranked from 1 (most deprived to 6,976 (least deprived). The Scottish Government uses 20% as a marker for the “Most Deprived”.

The SIMD 2020 reported that eight of East Lothian’s 132 data zones were ranked in the 20% most deprived in Scotland but 26 data zones in East Lothian are in the 20% least deprived in Scotland. The map below shows the location of the data zones in East Lothian. The 8 East Lothian data zones in the 20% most deprived in Scotland are found to the west of the county (four in the Tranent, Wallyford & Macmerry ward, three in the Preston Seton Gosford ward, and one in the Musselburgh ward).

Figure 8: SIMD 2020 Data Zones Ranked in the 20% Most Deprived



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Source: East Lothian Council

The Scottish Government used the 2017 mid-year population estimates for the 2020 SIMD calculations. The following table shows the population living in each Ward and the breakdown of people who live in data zones ranked in the 20% most deprived datazones in Scotland.

Tranent Wallyford Macmerry ward has the greatest proportion of its population (12.7%) living in the 20% most deprived data zones, followed by Preston Seton Gosford (11%) and Musselburgh (3.3%).

Table 3: Ward – Population (mid-year estimate 2017) living in data zones ranked in the 20% most deprived in the SIMD 2020

Ward	Total / Working Age Population	No of data zones in 20% most deprived	Population in 20% most deprived	%	Working Age population in 20% most deprived	% of Population who live in 20% most deprived who are of working age
Dunbar & East Linton	14,406 / 8620	0	0	0.0%	0	0%
Haddington & Lammermuir (H&L)	17,915 / 10,928	0	0	0.0%	0	0%
Musselburgh	19,491 / 12,581	1	652	3.3%	410	62.9%
North Berwick Coastal (NBC)	13,226 / 7,370	0	0	0.0%	0	0%
Preston Seton Gosford (PSG)	18,030 / 11,291	3	1,979	11.0%	1,253	63.3%
Tranent, Wallyford & Macmerry (TWM)	21,772 / 14,143	4	2,770	12.7%	1,709	61.7%
East Lothian	104,840 / 64,933	8	5,401	5.2%	3,372	62.4%

Source: Scottish Government, Scottish Index of Multiple Deprivation 2020

According to SIMD 2020 1,151 children (aged 0-15 years) in East Lothian live within the 20% most deprived data zones in Scotland, this accounts for 6% of children in that age group in East Lothian overall. Tranent, Wallyford & Macmerry has the highest proportion of 0 to 15year olds (14.7%) in the 20% most deprived data zones.

Table 4: Child (0-15) population within 5% and 20% most deprived

Ward	0 to 15 years (All)	0 to 15 within 20%	%
Dunbar & East Linton	2876	0	0.0%
Haddington & Lammermuir	3194	0	0.0%
Musselburgh	3202	141	4.4%
North Berwick Coastal	2257	0	0.0%
Preston Seton Gosford	3196	375	11.7%
Tranent, Wallyford & Macmerry	4326	635	14.7%
<b>East Lothian</b>	<b>19051</b>	<b>1151</b>	<b>6.0%</b>

Source: Scottish Government, SIMD 2020

Table 5 compares the number of children living in Scotland's 20% most deprived data zones between the 2016 and 2020 SIMDs. Overall the proportion of East Lothian children living in the 20% most deprived datazones in Scotland increased from 4.4% to 6%. Whilst there were no children in the Musselburgh ward were living in the 20% most deprived data zones in Scotland in SIMD 2016 there were 4.4% in SIMD2020. Tranent, Wallyford & Macmerry showed an increase from 9.9% to 14.7%, whilst Preston Seton Gosford remained at a similar level.

Table 5: Comparison of child population within the 20% most deprived – SIMD 2016 and 2020

Ward	SIMD2016	SIMD2020
	0 to 15 year olds within 20%	0 to 15 year olds within 20%
Dunbar & East Linton	0.0%	0.0%
Haddington & Lammermuir	0.0%	0.0%
Musselburgh	0.0%	4.4%
North Berwick Coastal	0.0%	0.0%
Preston Seton Gosford	11.9%	11.7%
Tranent, Wallyford & Macmerry	9.9%	14.7%
<b>East Lothian</b>	<b>4.2%</b>	<b>6.0%</b>

Source: Scottish Government, SIMD 2016 and 2020

### SIMD 2020 Employment and Income Domains

The two SIMD domain that have the greatest weighting in determining overall SIMD rankings are the Employment and Income domains.

The employment domain in the Scottish Index of Multiple Deprivation examines unemployment claimant counts averaged over 12 months, working age incapacity benefit or employment support allowance recipients and working age severe disablement allowance recipients.

Table 6 shows the number of people estimated to be in employment deprivation in East Lothian. 5,265 people accounting for 8.1% of the working age population in East Lothian were classed as being employment deprived in SIMD2020, compared to 9.3% across Scotland as a whole. Within East Lothian the proportion of working age population ranged from 10.2% in Musselburgh to 4.2% in North Berwick Coastal.

Table 6: SIMD 2020 – Percentage of the working age population who are classed as employment deprived

Wards	Working age population	Count of people who are classed as employment deprived	%
Dunbar & East Linton	8620	564	6.5%
Haddington & Lammermuir	10928	835	7.6%
Musselburgh	12581	1279	10.2%
North Berwick Coastal	7370	307	4.2%
Preston Seton Gosford	11291	1016	9.0%
Tranent, Wallyford & Macmerry	14143	1264	8.9%
<b>East Lothian</b>	<b>64933</b>	<b>5265</b>	<b>8.1%</b>
<b>Scotland</b>	<b>3494791</b>	<b>324791</b>	<b>9.3%</b>

Source: Scottish Government, SIMD 2020

The income domain in the Scottish Index of Multiple Deprivation examines adults and children in Income Support or Income-based Employment Support Allowance households, adults in Guarantee Pension Credit households, adults and children in Job Seekers Allowance households and adults and children in Tax Credit families.

Table 7 shows the number of people estimated to be income deprivation in East Lothian, 10,711 people, 10.2% of the total population in East Lothian, were classed

as being income deprived in SIMD2020, compared to 12.1% across Scotland as a whole. Within East Lothian the proportion of the population ranged from 13.4% in Musselburgh to 4.8% in North Berwick Coastal.

Table 7: Percentage of the population who are classed as income deprived

Ward	Total population	Count of population classed as Income deprived	%
Dunbar & East Linton	14,406	1,132	7.9%
Haddington & Lammermuir	17,915	1,639	9.1%
Musselburgh	19,491	2,614	13.4%
North Berwick Coastal	13,226	632	4.8%
Preston Seton Gosford	18,030	1,968	10.9%
Tranent, Wallyford & Macmerry	21,772	2,726	12.5%
<b>East Lothian</b>	<b>104,840</b>	<b>10,711</b>	<b>10.2%</b>
<b>Scotland</b>	<b>5,424,800</b>	<b>654,561</b>	<b>12.1%</b>

Source: Scottish Government, SIMD 2020

## Child Poverty

There are various measures used to determine levels of Child Poverty. The most commonly used is the Percentage of Children in Poverty (After Housing Costs). This estimates the percentage of children living in households with below 60% median income after housing costs. The data is published by End Child Poverty in June of each year with a one-year time lag.

The latest data available (Table 8), which is for 2021/22 was published in June 2023.<sup>1</sup> This shows that the percentage of children living in poverty after housing costs in East Lothian fell from 24.5% in 2019/20 to 18.9% in 2020/21 and then rose increased to 21.1% in 2021/22. During these three years the Scottish average stayed consistently around 24.5% - 24.3%, 24.6% and then 24.5%.

Table 8: Child Poverty Rates After Housing Costs across East Lothian and Scotland

	2014/15	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22
East Lothian	21.9%	22.5%	23.4%	24.7%	22.7%	24.5%	18.9%	21.1%
Scotland	21.6%	22.8%	23.4%	24.2%	23.2%	24.3%	24.6%	24.5%

Source: End Child Poverty, Child Poverty in your area, 2014/15-2021/22

The large variations in East Lothian's figure whilst the Scottish average remains around the same level suggests that the local authority level data may be liable to sampling and other statistical influences. The End child Poverty report includes the caveat that: "Due to sampling issues during 2021/22 related to the Covid-19 pandemic, additional caution may be required in interpreting these statistics. While the data for full year ending 2021 and full year ending 2022 has undergone extensive quality assurance prior to publication, users exercise additional caution when using the data for these years, particularly when making comparisons with previous years and for local areas across countries. We further recommend particular caution in interpreting year-on-year

<sup>1</sup> [Local-indicators-of-child-poverty-after-housing-costs\\_Final-Report-3.pdf \(endchildpoverty.org.uk\)](#)

*changes in local areas and advise focussing on longer-term trends when looking at change over time.”*

Two measures are used to estimate the percentage of Children in Low Income Families Before Housing Costs: relative and absolute low income.

Relative low income is defined as a family in low income Before Housing Costs (BHC) in the reference year. A family must have claimed Child Benefit and at least one other household benefit (Universal Credit, tax credits or Housing Benefit) at any point in the year to be classed as low income in these statistics.

Absolute low income is defined as a family in low income Before Housing Costs (BHC) in the reference year in comparison with incomes in financial year 2010/2011. A family must have claimed Child Benefit and at least one other household benefit (Universal Credit, tax credits or Housing Benefit) at any point in the year to be classed as low income in these statistics.

Table 9 shows that 16.3% of children in East Lothian were estimated to be in relative poverty in 2022/23, compared to 21.3% across Scotland as a whole. Based on the absolute poverty measure, 12.8% of children in East Lothian were in living in absolute poverty in 2022/23, compared to 17.1% across Scotland as a whole.

Both these measures show consistent trends across East Lothian’s six wards with Musselburgh having the highest levels of relative and absolute poverty – 24.3% and 17.1% - whilst North Berwick Coastal has the lowest in both measures – 7.7% and 6.7%.

*Table 9: The number and percentage of children (Aged Under 16) – Living in Relative and Absolute Low Income Families (before housing costs)*

<b>% of 0 to 15 year olds in Low Income Families 2022/23 by ward</b>					
<b>Ward</b>	<b>Relative Poverty</b>	<b>Absolute Poverty</b>	<b>0 to15 population 2021</b>	<b>% of 0 to 15 population (Relative)</b>	<b>% of 0 to 15 population (Absolute)</b>
Dunbar & East Linton	378	281	3018	12.5%	9.3%
Haddington & Lammermuir	550	446	3703	14.9%	12.0%
Musselburgh	713	522	3052	23.4%	17.1%
North Berwick Coastal	199	173	2568	7.7%	6.7%
Preston Seton Gosford	587	487	3002	19.6%	16.2%
Tranent Wallyford & Macmerry	794	631	4479	17.7%	14.1%
<b>East Lothian</b>	<b>3224</b>	<b>2539</b>	<b>19,822</b>	<b>16.3%</b>	<b>12.8%</b>
<b>Scotland</b>	<b>194592</b>	<b>156179</b>	<b>911,522</b>	<b>21.3%</b>	<b>17.1%</b>

Source: Stat x-plore Children in low income families (Relative and Absolute)

Table 10 shows that in East Lothian 57.4% of children in Relative Low Income families were in lone parent households, compared to 58.0% across Scotland. The

East Lothian figure ranges from 51.3% in North Berwick Coastal to 63% in Preston, Seton & Gosford.

Table 10: The number and percentage of children (Aged Under 16) – Living in Relative Low Income Lone Parent and Couple Families (before housing costs) 2022/23

Children in Relative Low income Families Before Housing Costs (2022/23)					
	Lone Parent	Couple	Total	Lone Parent %	Couple %
Dunbar and East Linton	212	166	378	56.1%	43.9%
Haddington and Lammermuir	302	246	550	54.9%	44.7%
Musselburgh	400	313	713	56.1%	43.9%
North Berwick Coastal	102	100	199	51.3%	50.3%
Preston, Seton and Gosford	370	218	587	63.0%	37.1%
Tranent, Wallyford and Macmerry	460	332	794	57.9%	41.8%
<b>East Lothian</b>	<b>1852</b>	<b>1373</b>	<b>3224</b>	<b>57.4%</b>	<b>42.6%</b>
<b>Scotland</b>	<b>112888</b>	<b>81707</b>	<b>194592</b>	<b>58.0%</b>	<b>42.0%</b>

Source: Stat x-plore Children in low income families (Relative)

The data (Table 11) also shows that 1,000 East Lothian children in relative low income (before housing costs) were in non-working families/ households. This also shows that just under 80% of children in non-working families were within Lone Parent households.

Table 11: Percentage of children (aged under 16) – Living in relative low income families within non working families (before housing costs) 2022/23

Not in Working Families (2022/23)					
	Lone Parent	Couple	Total	Lone Parent %	Couple %
Dunbar and East Linton	81	27	103	78.6%	26.2%
Haddington and Lammermuir	139	22	161	86.3%	13.7%
Musselburgh	170	58	232	73.3%	25.0%
North Berwick Coastal	49	14	59	83.1%	23.7%
Preston, Seton and Gosford	157	31	191	82.2%	16.2%
Tranent, Wallyford and Macmerry	194	57	254	76.4%	22.4%
<b>East Lothian</b>	<b>799</b>	<b>203</b>	<b>1000</b>	<b>79.9%</b>	<b>20.3%</b>
<b>Scotland</b>	<b>55823</b>	<b>18632</b>	<b>74449</b>	<b>75.0%</b>	<b>25.0%</b>

Source: Stat Xplore – Children in relative low income families –work status (totals may not sum due to disclosure control applied)

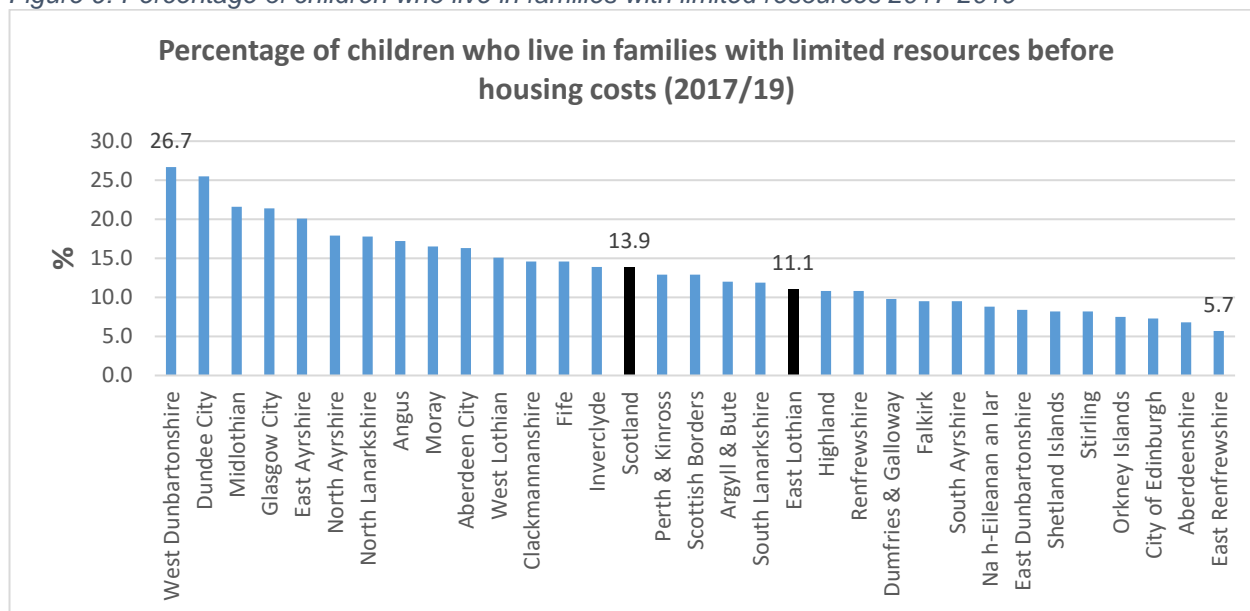
Another measure of child poverty which has been trialled by the Scottish Government to inform one of the Child Poverty (Scotland) Act targets is Children in Families with Limited Resources. The Scottish Government published a report on this measure for the years 2017-19 in September 2021<sup>2</sup>. The limited resources measure looks at children in families that have both low income and cannot afford three or more out of a list of 22 basic necessities. The list of necessities was developed for a Scottish context and is based on what stakeholders and the public agree is a basic necessity and what satisfies statistical requirements for a robust measure of limited resources.

<sup>2</sup> The statistics in this publication are experimental statistics meaning that the data and methodology used to collate the figures are being developed for future updates



Families are defined as being on a low income if the household income is below 70% of the Scottish median income (this may be calculated before or after housing costs). As is shown in Figure 9, the Scottish Government estimated that in 2017-2019 11.1% of children in East Lothian were living in families with limited resources before housing costs, compared to the Scottish average of 13.9%.

Figure 9: Percentage of children who live in families with limited resources 2017-2019



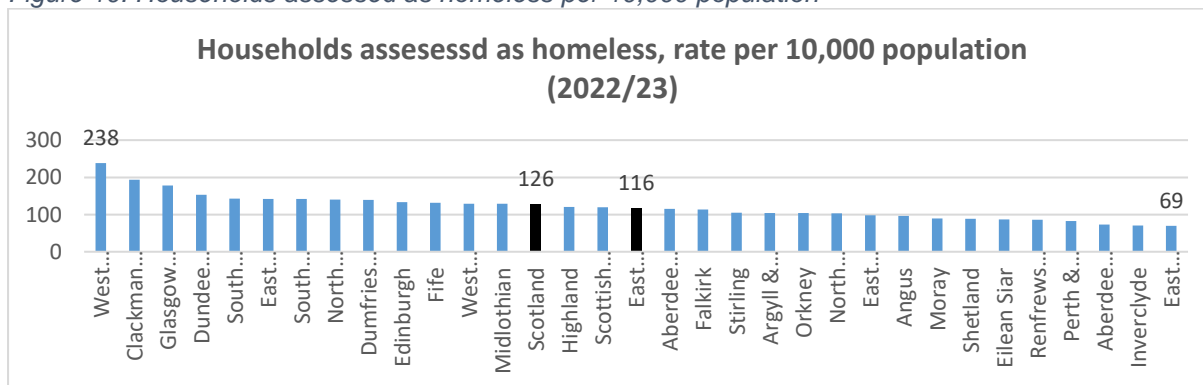
Source: Scottish Government, Children in Families with Limited Resources across Scotland (2017-19) (Experimental statistics)

However, as with some of the other child poverty data, it needs to be used with caution. The limited resources local measure is not strictly comparable to the national-level statistics. This is based on data from the Family Resources Survey which does not allow local breakdowns due to sample sizes.

## Homelessness and People in Temporary Accommodation

In 2022/23, there were 572 applications that were assessed as homeless or threatened with homelessness in East Lothian. This equates to 116 per 10,000 population, which is lower than the national rate of 126. There were 947 people associated with these applications – 661 adults and 286 children.

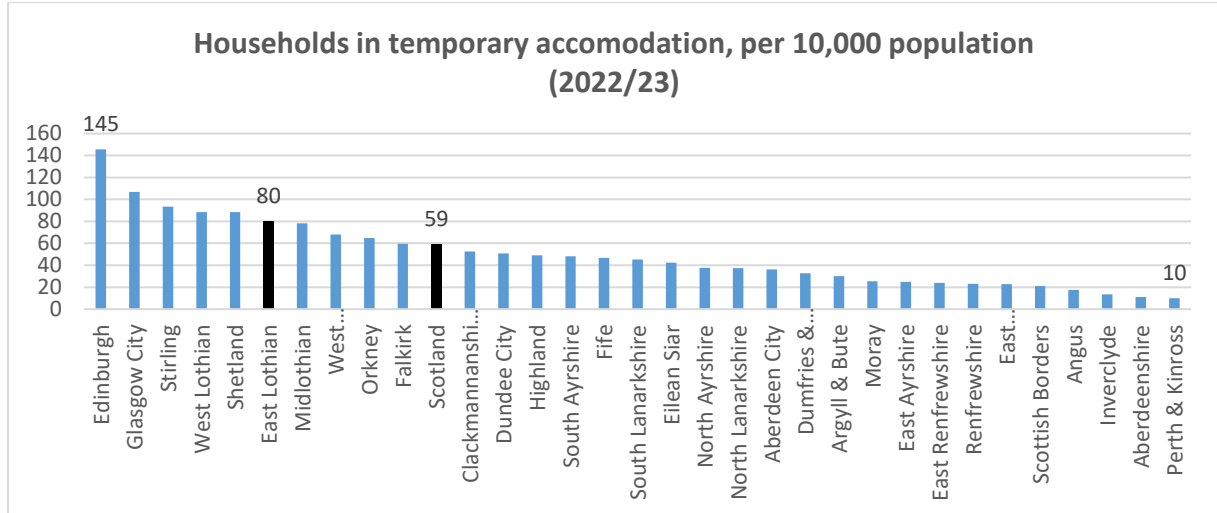
Figure 10: Households assessed as homeless per 10,000 population



Source: Scottish Government, Homelessness in Scotland 2022-2023

In 2022/23, there were 393 households in temporary accommodation in East Lothian. This is 80 per 10,000 population, which is higher than the national average of 59. Edinburgh, West Lothian, East Lothian and Midlothian have the 1<sup>st</sup>, 4<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> highest rates in Scotland. Of these households, 100 were households with children or a pregnant woman. 150 children were in temporary accommodation.

Figure 11: Number of households in temporary accommodation per 100,000 population aged 16 and over

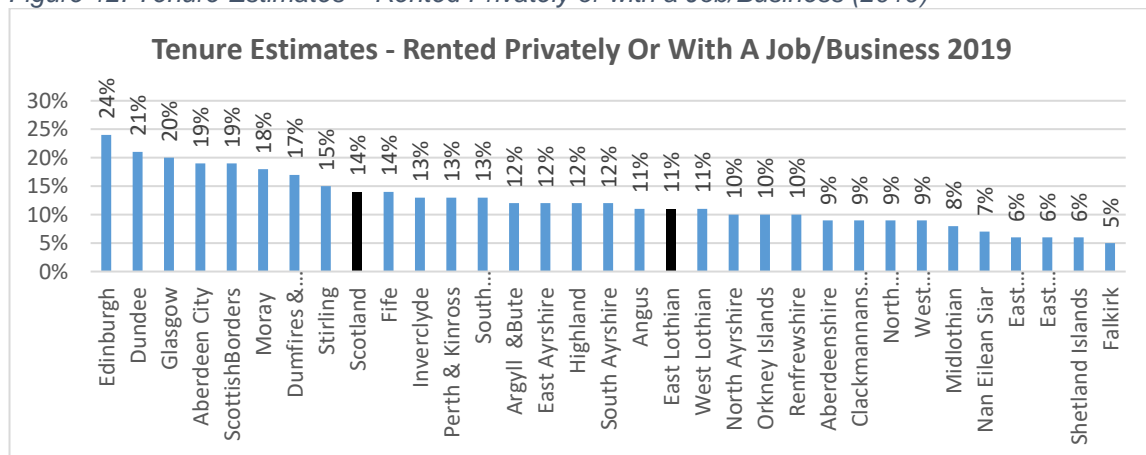


Source: Scottish Government, Homelessness in Scotland 2022-2023, Number of households in temporary accommodation per 10,000 population

## Housing costs

Figure 12 shows the latest available figures nationally, when the figure was 11% for East Lothian, lower than the 14% across Scotland as a whole in 2019.

Figure 12: Tenure Estimates – Rented Privately or with a Job/Business (2019)



Source: Scottish Government – Annual housing statistics for Scotland 2020 and 2021 Charts and Tables – Chart 7 – Tenure estimates by local authority area 2019

A later estimate suggests that in 2022 the private rented sector accounted for 9% of the housing stock in East Lothian.

The Scottish Government Private Rent Statistics 2010-2022 publication reported that in 2022 the mean monthly rent of private rented properties in Lothian (Edinburgh,

East Lothian and Midlothian) was £807 for a 1 bedroom property (the highest in Scotland), £1066 for a two bedroom property (the second highest in Scotland) and £1,382 for a three bedroom property (the highest in Scotland).

The average weekly rent for council houses in East Lothian is significantly lower than for private rented properties.

In 2023/24 the average weekly rent for a council house was £76.73 (c. £332 per month). This was the 6<sup>th</sup> lowest of any local authority in Scotland and lower than any of the three other Lothian authorities – Edinburgh (£105.06), Midlothian (£89.11) and West Lothian (£83.22).

After a 7% increase in 2024/24 the average weekly rent for a council house in East Lothian has increased to £80.53 (c. £350 per month). The national comparison figure is not available yet but provisional figures suggest the East Lothian’s council house rents will be 4<sup>th</sup> lowest in Scotland.

## Vulnerable Children

In 2022/23 there were 203 children looked after in East Lothian, this represents 0.9% of the 0 to 17 year old population compared to the Scottish average of 1.2%.

Table 12 shows the looked after children by the type of accommodation. 45.8% of looked after children in East Lothian were at home with parents or with friends/relatives and 38.9% were with foster carers. The Scottish figures for 2023 are not available but the latest national figures from the Scottish Government Children’s Social Work Statistics for 2022 show that 54.7% of looked after children were at home with parents or with friends/relatives in Scotland compared to 47.3% in East Lothian

Table 12: Children looked after by type of accommodation – East Lothian 2022/23

	At home with parents	With friends / relatives	With foster carers	In other community	In LA home/ Voluntary Home	In other residential care	Total
East Lothian	48	45	79	1	10	20	203
% of total	23.7%	22.2%	38.9%	0.5%	4.9%	9.9%	100%

Source: Children’s Wellbeing, East Lothian Council, 2024

Table 5: Referrals to Children’s Services by Ward, 2019

Ward	Number of referrals	%
Tranent, Wallyford, Mcmerry	861	27%
Musselburgh	713	22%
PSG	626	19%
Haddington & Lammermuir	487	15%
Dunbar and East Linton	345	11%
North Berwick Coastal	205	6%

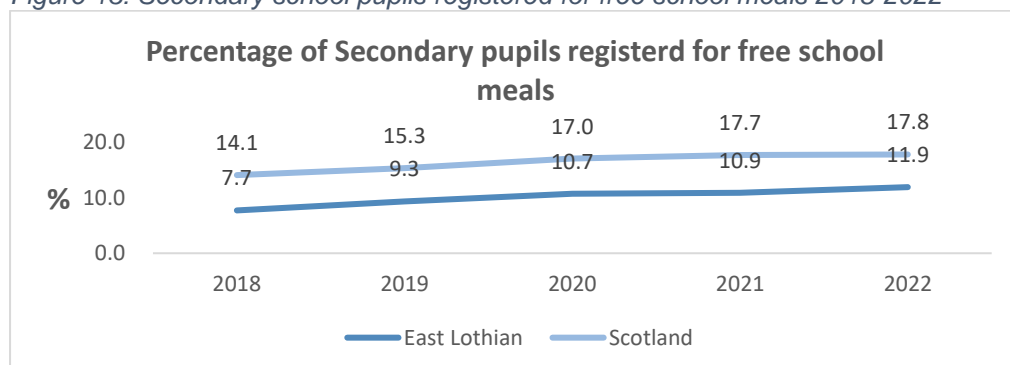
## Free School Meals

In East Lothian there are 36 Primary schools and 7 secondary schools. The Scottish Government Pupil Census 2022 reported that:

- There are 8,498 Primary School pupils and 6,594 Secondary School pupils in East Lothian
- 209 pupils were assessed/and or declared as having a disability. This equates to a rate of 13.8 per 1,000 pupils (1.4%), which is around half of the Scottish average of 27.7 per 1,000 pupils (2.8%).
- 53 (0.4%) pupils were refugees, which is half of the Scottish average of 0.8%.
- 651 (4.3%) pupils were of an ethnic minority, which is less than half of the Scottish average of 10.2%.
- 29.6% of pupils (primary and secondary) have Additional Support Needs, which was lower than the Scottish average of 34.2%.

In 2023 12.5% of East Lothian secondary pupils were registered for free school meals, which was an increase from 11.9% in 2022. Figure 13 shows the latest figures available nationally for 2022 when the 11.9% of East Lothian secondary pupils registered for Free school meals compared to 17.8% across Scotland.

Figure 13: Secondary school pupils registered for free school meals 2018-2022

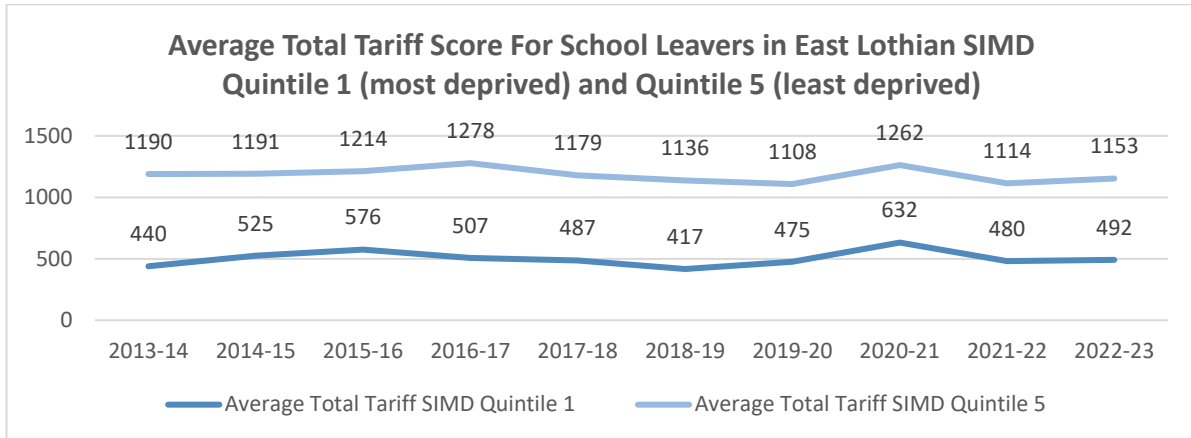


Source: Scottish Government – Pupil Census 2022 Supplementary statistics – Table 7.14 – Secondary pupils registered for free school meals by local authority 2018-2022

## School Attainment

Figure 14 shows that in 2022/23 the average total tariff score for school leavers in East Lothian living in SIMD Quintile 1 (20% most deprived data zones) was 492, compared to 1,153 for school leavers in SIMD Quintile 5 (20% least deprived data zones).

Figure 14: Average Total Tariff score for school leavers living in SIMD Quintile 1 (Most Deprived Data Zones) and SIMD Quintile 5 (Least Deprived Data Zones) 2013/14 – 2022/23

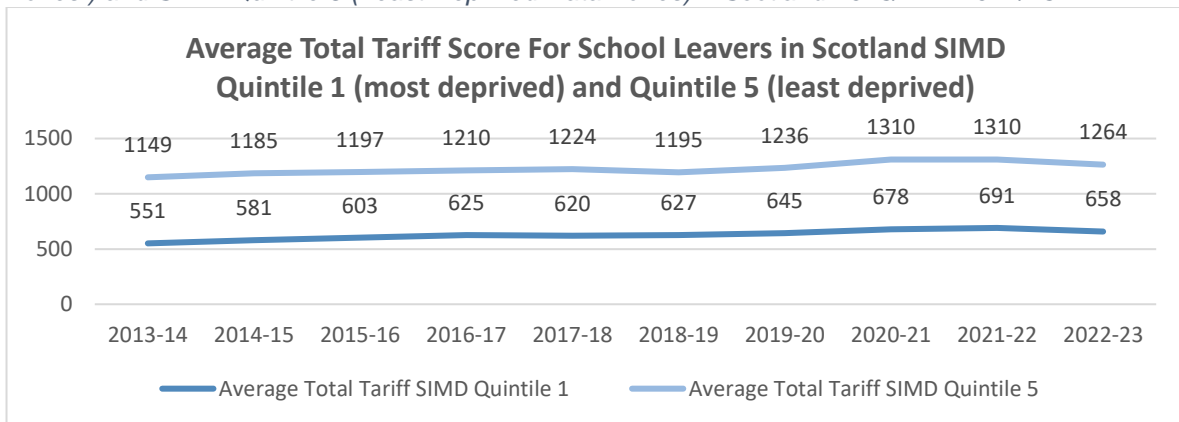


Source: Local Government Benchmark Framework (LGBF) – 2020-22 LGBF Raw Data. Caution should be taken when comparing results over time as different assessment approaches were undertaken in 2020 and 2021 due to the pandemic

Caution should be taken when comparing attainment levels across SIMD quintiles between East Lothian and Scotland as there are relatively small numbers of East Lothian pupils in areas that fall within SIMD quintile 1 taking exams in any one year.

However, figure 15 shows that in 2022/23 the average total tariff score for school leavers in Scotland living in SIMD Quintile 1 stood at 658 compared to 1,264 for those in SIMD Quintile 5.

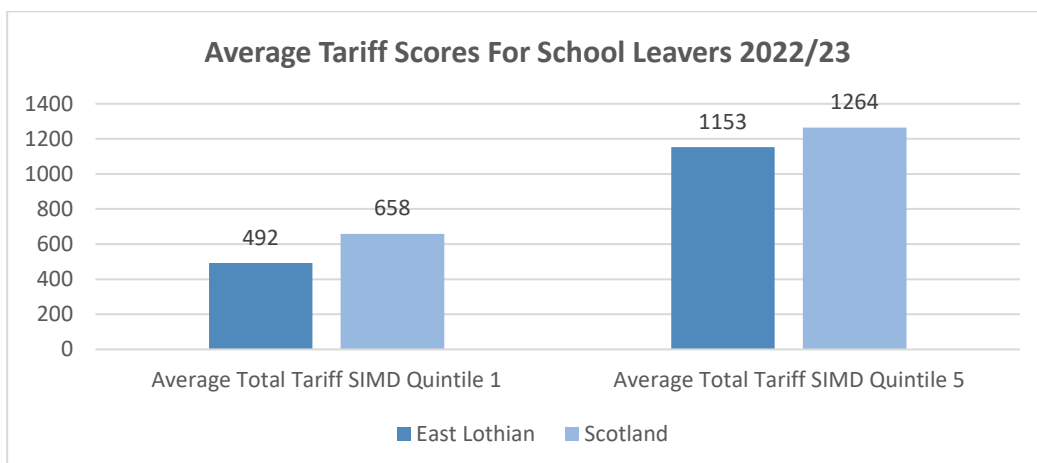
Figure 15: Average Total Tariff Score for School leavers living in SIMD Quintile 1 (Most Deprived Data Zones ) and SIMD Quintile 5 (Least Deprived Data Zones) – Scotland 2013/14 – 2022/23



Source: Local Government Benchmark Framework (LGBF) – 2022-23 LGBF Raw Data.

The Average Tariff scores in East Lothian in 2022/23 were lower than the Scottish figure for both SIMD Quintile 1 and SIMD Quintile 5. The attainment gap in East Lothian between Quintile 1 and Quintile 5 was 661, which was higher than the 606 Scottish average.

Figure 16: Average Total Tariff Score for School leavers living in SIMD Quintile 1 (Most Deprived Data Zones) and SIMD Quintile 5 (Least Deprived Data Zones) 2021/22



Source: Local Government Benchmark Framework (LGBF) – 2022-23 LGBF Raw Data. Caution should be taken when comparing results over time as different assessment approaches were undertaken in 2020 and 2021 due to the pandemic

The “Percentage of young adults (16-19 year olds) participating in education, training or employment” (Annual Participation Measure - APM) has replaced the school leaver destination follow up indicator as the principal measure of positive destinations for school leavers. In 2022/23, the APM in East Lothian was 96%, compared to the Scottish average of 94% for Scotland.

## Economic Activity and Earnings

In 2023/24, 82.4% of the working age population in East Lothian were economically active, which was greater than the Scottish rate of 77.5%. Since these figures are based on national surveys with relatively small samples in East Lothian there is a lower level of confidence attached to the local data, which could also show greater variance across years.

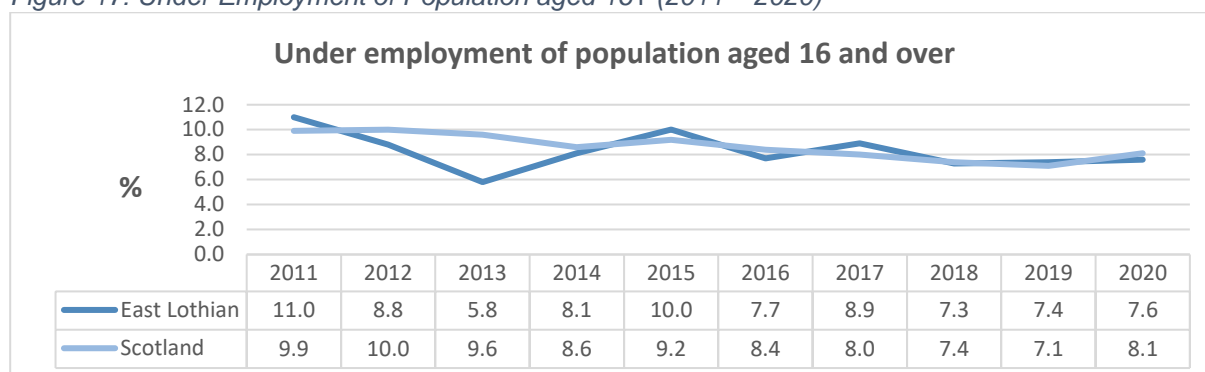
Table 13: Economically Active

	Jan 2022-Dec 2022		Jan 2023-Dec 2023	
	East Lothian (%)	Scotland (%)	East Lothian (%)	Scotland (%)
Economic activity rate - aged 16-64	77.3	77.1	82.4	77.5
Employment rate - aged 16-64	76.2	74.4	78.6	74.7
% aged 16-64 who are employees	67.6	66.5	67.1	66.6
% aged 16-64 who are self employed	8.2	7.6	11.5	7.8
Unemployment rate - aged 16-64	1.4	3.4	4.5	3.6

Source: NOMIS, ONS Annual Population Survey

Under employment refers to those who are in work but would prefer to work more hours for the same rate of pay, an additional job (to supplement their existing job) or a different job with more hours. This provides a measure of under-utilisation of labour. The 2020 Annual Population Survey estimated that 7.6% of the working age population in East Lothian was under employed compared to the Scottish average of 8.1%.

Figure 17: Under Employment of Population aged 16+ (2011 – 2020)



Source: ONS Annual Population Survey, Scottish Government – Scotland’s Labour Market – People, Places and Regions Annual Population Survey 2020 web tables. Table 1.15 Underemployment of population aged 16 and Over, 2004-2020 Respondents who would like to work longer hours given the opportunity

Based on the April 2022 to March 2023 Annual Population Survey, the unemployment rate in East Lothian was 1.7%, which was significantly less than the Scottish average. This is also reflected in claimant count data for October 2023, primarily representing the number of claims for Job Seekers Allowance but also includes certain Universal Credit claimants. This shows the proportion of claimants to the working age population was 2.3%, which was 0.6% lower than the Scottish figure. Further data on job seekers is provided under Universal Credit below.

Table 14 shows the employment occupations of East Lothian’s workforce in 2023. This shows that 24.9% of those in employment in East Lothian were employed in “lower paid” occupations (Major Groups 6 to 9) compared to 30% for Scotland as a whole.

Table 14: Employment Occupations (January 2023 to Dec 2023)

Employment by Occupation (Jan 23 to Dec 23)	East Lothian (number)	East Lothian (%)	Scotland (%)
Major Group 1-3	28,100	51.9	51.3
1 Managers, Directors And Senior Officials	5,200	9.6	7.7
2 Professional Occupations	13,300	24.5	27
3 Associate Professional Occupations	9,600	17.7	16.5
Major Group 4-5	12,600	23.3	18.7
4 Administrative & Secretarial Occupations	7,700	14.2	9.2
5 Skilled Trades Occupations	4,900	9.1	9.4
Major Group 6-7	8,900	16.5	15.4
6 Caring, Leisure And Other Service Occupations	6,000	11.2	8.5
7 Sales And Customer Service Occs	2,900	5.3	6.8
Major Group 8-9	4,600	8.4	14.6
8 Process Plant & Machine Operatives	2,300	3.1	4.8
9 Elementary Occupations	2,900	5.3	9.7

Source: NOMIS, ONS Annual Population Survey. Percentage of all those in employment in Occupations (SOC2010) major group of employment

The Office for National Statistics’ Annual Survey of Hours and Earnings provides comparative data on earnings for people who live in East Lothian (Place or Residence)

and people who work in East Lothian (Place of Work) and comparison with Scottish figures. As with other national survey based data, since these figures are based on national surveys with relatively small samples in East Lothian there is a lower level of confidence attached to the local data, which could also show greater variance across years. The 'Confidence Intervals' have been included in Tables 18 & 19. Confidence intervals of 5% or lower are deemed to be 'precise'; 5% to 10% are 'reasonably precise'; over 10% to 20% are 'acceptable but use with caution'.

Table 15 (Place of Residence) and Table 16 (Place of Work) both show that the Full Time mean hourly rate is higher than the Full Time median hourly rate in both East Lothian and Scotland, indicating that high earners are skewing the data. The mean shows the average of all earnings whilst the median shows the hourly rate of the person in the middle of all earners. So the very high earnings of a relatively small number of people can create a 'bias' in the data and increase the mean figure. Although the mean figure is of interest more weight should be given to the median figure.

Table 15 shows that in 2023 the overall Full Time median hourly rate of pay in East Lothian as a place of residence was £17.71 compared to £18.09 across Scotland as a whole. The median hourly rate of pay for males in East Lothian was £18.99 compared to only £16.88 for females.

Table 15: Hourly Pay FTE – Place of Residence (2023)

Hourly Pay – Excluding Overtime (2023) Place of Residence	Median				Mean			
	East Lothian (£)	East Lothian (conf %)	Scotland (£)	Scotland (conf %)	East Lothian (£)	East Lothian (conf %)	Scotland (£)	Scotland (conf %)
Full-Time Workers	17.71	6.0	18.09	0.8	20.91	4.2	20.96	0.6
Male Full Time Workers	18.82	8.8	18.17	1.2	21.16	5.9	21.31	0.9
Female Full Time Workers	16.88	11.0	18.00	1.2	20.55	5.7	20.50	0.8

Source: NOMIS, ONS Annual Survey of Hours and Earnings – Resident Analysis earnings for employees living in the area

There is an even greater disparity between pay rates when comparing earnings of people working in East Lothian. Table 16 shows that the Full Time East Lothian median hourly pay for people working in East Lothian is £16.80 compared to £18.10 for Scotland, and that the median hourly pay for males is £17.06 compared to £15.99 for females. However, the hourly rates for males and females should be treated with caution due to the high confidence intervals.

Table 16: Hourly Pay FTE As a Place of Work (2023)

Hourly Pay – Excluding Overtime (2023) Place of work	Median				Mean			
	East Lothian (£)	East Lothian (conf %)	Scotland (£)	Scotland (conf %)	East Lothian (£)	East Lothian (conf %)	Scotland (£)	Scotland (conf %)
Full Time Workers	16.80	8.2	18.10	0.8	18.62	5.1	20.88	0.6
Male Full Time Workers	17.06	11.0	18.24	1.2	18.30	6.1	20.45	0.8
Female Full Time Workers	15.99	16.0	17.93	1.2	18.62	5.1	20.88	0.6

Source: NOMIS, ONS Annual Survey of Hours and Earnings – Workplace Analysis Median earnings for employees working in the area



Figure 18 shows the percentage of East Lothian employees aged 18+ earning less than the living wage each year between 2012 to 2021. The East Lothian figure rose sharply in 2021 from 16.7% to 27.1%, whereas in Scotland the figure decreased from 15.1% to 14.4%.

Figure 18: Employees (18+) earning less than the living wage (2012 – 2021)



Source: Scottish Government, ONS Annual Survey of Hours and Earnings Tables – OCEAES – Economic Statistics Labour Market Statistics (2021 data is provisional) Estimates for employees aged 18+ on the PAYE system on adult rates whose pay for the survey pay-period was not affected by absence. 2020 and 2021 include employees who have been furloughed under the Coronavirus Job Retention Scheme. Hourly earnings excludes any overtime payments. Local authority estimates are 'workplace' based and include all those working in each local authority regardless of where they live.

It should be noted that the 2021 figure is provisional and may be amended when the final figure is released. Also, whilst the largest variation between the East Lothian and Scottish average in any year in the period 2012 – 2020 was 3.6% the variation in 2021 rose to 12.7%. It should be noted that the estimates for 2020 and 2021 are subject to more uncertainty than usual as a result of the challenges faced in collecting the data under government-imposed public health restrictions. Therefore, the large rise in the difference between the East Lothian and Scottish average could be down to a statistical 'glitch', rather than a systemic issue in the labour market.

## Best Start Grant & Best Start Food and Scottish Child Payment

The Scottish Government has been introducing new benefits and social security payments since 2019.

Best Start Grant consists of three different benefit payments: Pregnancy and Baby Payment (applications taken from 10<sup>th</sup> December 2018), Early Learning Payment (applications taken from 29<sup>th</sup> April 2019) and School Age Payment (applications taken from 3<sup>rd</sup> June 2019). Best Start Foods is a recurring four weekly pre-paid card payment, which replaced Healthy Start Vouchers for new claims in Scotland from 12<sup>th</sup> August 2019.

Figures published by the Scottish Government show that in 2022/23 there were 1,560 processed Best Start Grant and Best Start Food applications in East Lothian, 1,045 (67%) of which were authorised. Nationally there were 88,990 processed applications 58,425 (66%) of which were authorised.

Scottish Child Payment was introduced by Social Security Scotland for low-income families with children aged under 6. It is intended to provide regular, additional financial support for families already in receipt of qualifying benefits to assist with the costs of caring for a child. Social Security Scotland invited clients to apply from 9<sup>th</sup> November 2020 in advance of the benefit being launched on 15<sup>th</sup> February 2021 to help manage the expected demand.

In 2022/23 a total of 2,705 Scottish Child Payment applications from East Lothian were processed, of which and 87% (2,345) were authorised. Nationally there were 156,125 applications processed and 87% (135,550) were authorised.

## Food and Fuel Poverty

The last few years have seen significant increase in both food and fuel poverty as a result of the 'cost of living crisis' - steep rise in inflation and earnings and benefits not keeping pace with the rise in the cost of essentials.

East Lothian Foodbank has reported that it has seen a 200% increase in the provision of emergency food parcels since 2017. Figure 19 shows the monthly use of the Foodbank's service for each year 2017/2018 to 2022/23. During 2022/23, East Lothian Foodbank provided support with emergency essentials (food and toiletries) to 5,719 households (including multiple referrals to the same households). There were 1,758 unique households referred to the foodbank. Of the households supported, 48% were referred for the first time and 47% only needed support once. A total of 13,656 people were fed, which was an increase of 25% from the previous year. Of those fed 4,877 (36%) were under the age of 16. This data only includes provision of emergency food parcels from the East Lothian Foodbank. There has also been a significant rise in provision of emergency food, meals and other essential supplies from a growing number of community larders, pantries and community kitchens.

Figure 19: Foodbank Use in East Lothian



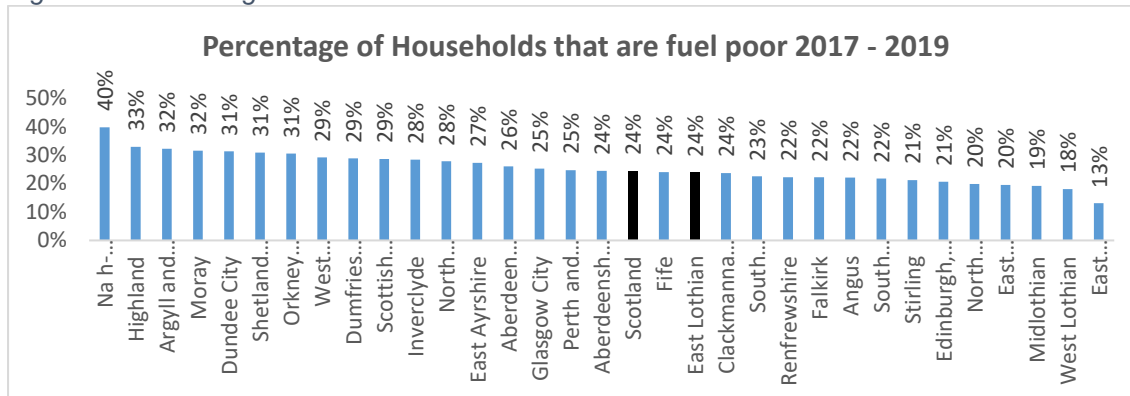
Source: East Lothian Foodbank

The Scottish Government's, Scottish House Condition Survey definition of fuel poverty is: *a household is in fuel poverty if, in order to maintain a satisfactory heating regime, total fuel costs necessary for the home are more than 10% of the household's adjusted net income (after housing costs), and if after deducting fuel costs, benefits received for a care need or disability and childcare costs, the*

household's remaining adjusted net income is insufficient to maintain an acceptable standard of living. The remaining adjusted net income must be at least 90% of the UK Minimum Income Standard to be considered an acceptable standard of living, with an additional amount added for households in remote rural, remote small town and island areas.

The latest available national figures (2017-2019) for fuel poverty shows that 24% of East Lothian households were estimated as being in fuel poverty, which was the same as the Scottish average.

Figure 20: Percentage of households that are Fuel Poor 2017-2019 – Local Authorities and Scotland



Source: Scottish Government - Scottish House Condition Survey 2017-2019 Local Authority Tables

As well as providing overall fuel poverty estimates, the Scottish Government, Scottish Households Condition Survey 2017-2019 also provides estimates of households that are fuel poor by household attributes. The report estimated that 36% of households with older people in East Lothian were fuel poor. This was higher than the Scottish estimate of 27%.

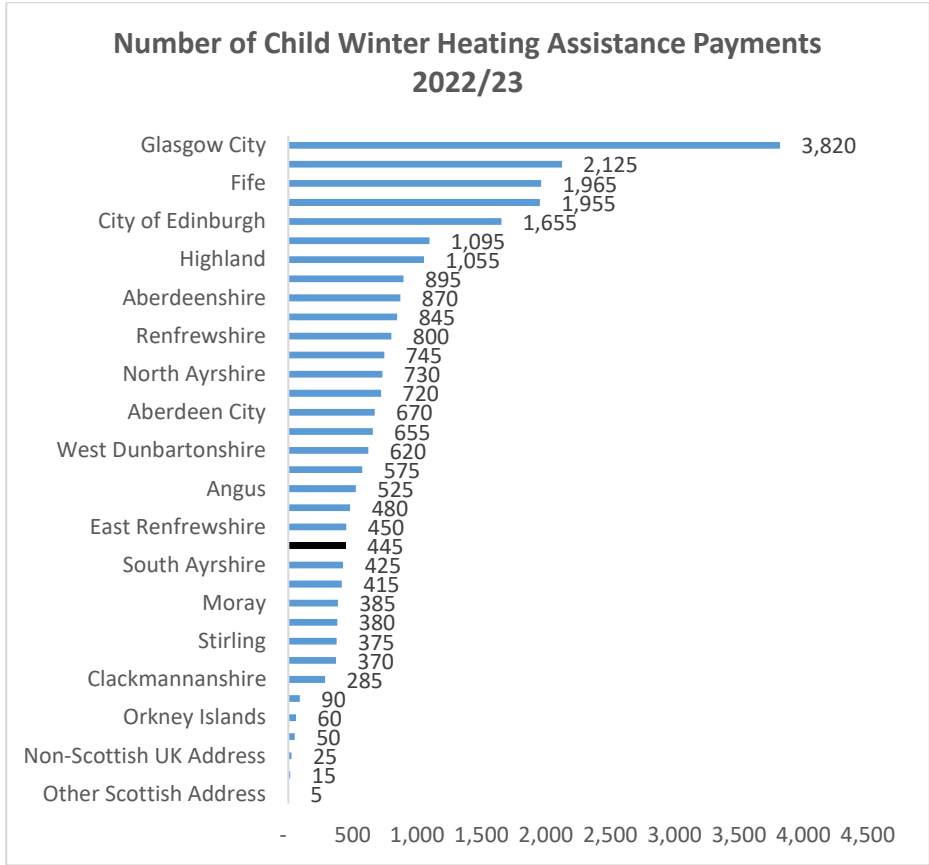
Given the steep rise in energy costs in 2022 and 2023 it is safe to assume that fuel poverty levels will have increased since 2019.

### Child Winter Heating Assistance

To be eligible for Child Winter Heating Assistance, children and young people must receive the highest rate of the care component of Child Disability Payment or Disability Living Allowance, or the enhanced rate of the daily living component of Personal Independence Payment. From winter 2022/2023, young people in receipt of the enhanced rate of the daily living component of Adult Disability Payment were also eligible for the payment.

In 2022/23 a total of 26,555 Child Winter Heating Assistance payments were made across Scotland with a total value of £5.685m. Figure 21 shows the number of winter payments made in 2022/23 by local authority. This shows that 445 Child Winter Heating Assistance payments had been made in East Lothian with a total value of £95,000. This compared to 325 payments totalling £65,000 made in winter 2021/22.

Figure 21: Number of Child Winter Heating Assistance Payments 2022/23



Source: Scottish Government, Social Security Scotland Statistics, Child Winter Heating Assistance Statistics Winter 2022/2023

## Health

### Child Health

Table 17 shows that for two of the key indicators of child health – Child Healthy Weight and Immunisation – East Lothian is at the Scottish average; and for two of the other key indicators – Child Dental Health at P1 and Breastfeeding 6 to 8 weeks – East Lothian is better than the Scottish average.

Table 17: Dental Health, Healthy Weight, Breastfeeding, Immunisation Uptake (Feb 2024)

	East Lothian	Scotland
Child Dental Health Primary 1 (%)	81.1%	73.1%
Immunisation Uptake (%)	97.2%	97.0%
Child Healthy Weight (%)	69.9%	69.8%
Breastfeeding 6-8 weeks (%)	37.6%	31.9%

Source: Understanding Health Inequalities NHS Lothian (2024) Scotpho Feb 2024

A slightly lower proportion of East Lothian children are overweight. Public Health Scotland Body Mass Index statistics 2021/22, show that 83.1% of East Lothian P1 pupils were of a clinically healthy weight, 9.2% were clinically overweight, 3.7% were clinically obese and 3.6% were clinically severely obese. This compares with Scottish average figures of 82.4% of pupils were of a healthy weight, 9.4% were clinically overweight, 4.3% were clinically obese and 3.5% were clinically severely obese.

## Adult Health

Key indicators of adult health – Bowel Screening Uptake, Asthma patient Hospitalisations, COPD patient hospitalisations and CHD patient hospitalisations – are all more positive in East Lothian than the Scottish averages.

*Table 18: Bowel Screening Uptake, Asthma, COPD and CHD patient admissions (Feb 2024)*

	East Lothian	Scotland
Bowel Screening Uptake (%)	68.2%	66.0%
Asthma Patient Hosp. Adm. (Age standardised per 100,000)	67.9	68.4
COPD patient hosp. adm. (Age standardised per 100,000)	144.7	207.4
CHD patient hosp. adm. (Age standardised per 100,000)	265.7	341.6

Source: Understanding Health Inequalities NHS Lothian (2024) Scotpho Feb 2024

East Lothian has a significantly lower rate of alcohol related hospital admissions (437 per 100,000) that the Scottish average (611 per 100,000).

When compared to Scotland, fewer adults in East Lothian have a healthy weight, 28% compared to 33%, and a higher proportion of East Lothian adults are classed as obese and morbidly obese – 37% compared to 29%.

*Table 19: Healthy Weight, Overweight, Obese, Morbidly Obese (2012-2019)*

	East Lothian	Scotland
Healthy Weight	28%	33%
Overweight	31%	36%
Obese	31%	25%
Morbidly Obese	6%	4%

Source: Scottish Household Survey data for percentage of population that are a healthy weight in Scotland and East Lothian (7-year aggregated 2012-2019)

East Lothian has a similar rate of mental health prevalence to that of Scotland. Slightly more people in East Lothian have dementia, but fewer people have depression when compared to Scotland as a whole.

*Table 20: Mental Health, Dementia, Depression*

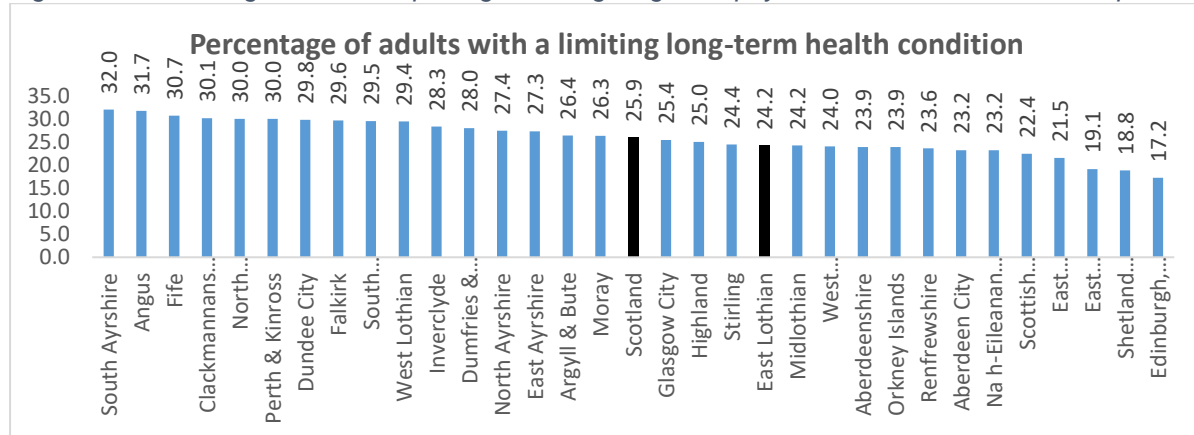
	East Lothian	Scotland
Mental Health (per 100 population)	1.1	1.0
Dementia (rate per 100 population)	1.0	0.7
Depression (rate per 100 population)	6.3	8.2

Source: Mental Health conditions in East Lothian and Scotland. From the GP prevalence of disease, age standardised rates per 100 people (2022)

The suicide rate in East Lothian is lower than that of Scotland as a whole – 11.1% compared to 14.1 per 100,000 population. The suicide rate is significantly higher in the east of the county than in the west – 12.8 compared to 9.8 per 100,000 population.

In 2019, 24.2% of adults aged 16 and over in East Lothian had a limiting long-term physical or mental health condition /illness, which was slightly lower than the Scottish average of 25.9%.

Figure 22: Percentage of adults reporting a limiting long-term physical health or mental health problem

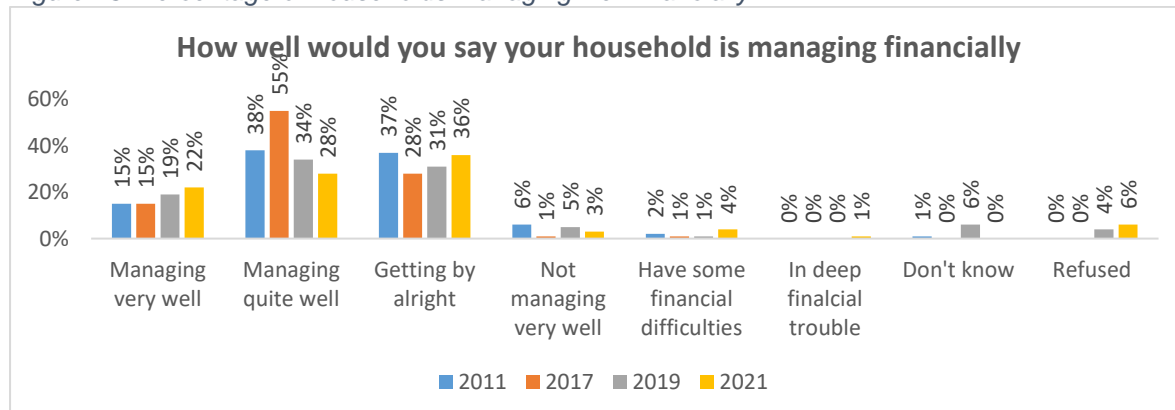


Source: Statistics.gov.scot – Scottish Government Scottish Surveys 2019 Core Questions

## Standard of Living

50% of respondents to the 2021 East Lothian Residents Survey (caried out in November and December 2021) stated that they were managing very/ quite well financially. This was slightly lower than the 53% of respondents to the 2019 survey who said they were managing very well or quite well financially.

Figure 23: Percentage of households managing well financially



Source: East Lothian Residents Survey 2021

Further analysis of the results of the survey found that only 32% of respondents from areas of high levels of deprivation stated that they were managing financially very or quite well.

The survey found that 19% of respondents did not have access to £500 to cover an unexpected necessary expense compared to 32% in 2019 and 16% did not have enough money to save regularly or make regular pension payments compared to 19% and 20% in 2019.

Table 21: Percentage who cannot afford each necessity

Percentage who cannot afford each necessity	ELC Residents Survey 2019	ELC Residents Survey 2021
Access to £500 to cover an unexpected, but necessary, expense	32%	19%
Enough money to save regularly (of at least £20) for rainy days	19%	16%
Enough money to replace/ repair broken electrical goods	20%	14%
Enough money to make regular payments into an occupational or private pension	20%	16%
All recommended dental work/ treatment	5%	14%
Money to keep your home in a decent state of decoration	3%	15%
Money to take part in sport/ exercise activities	6%	10%
Money to take part in a hobby or leisure activity	5%	12%
Appropriate clothes for job interviews	3%	6%
Home contents insurance	8%	9%
A damp free home	2%	6%

Source: East Lothian Residents Survey 2021

The results to this question varied significantly by area. For example, 23% of respondents from Tranent Wallyford and Macmerry ward said they could not afford £500 to cover an unexpected, but necessary expense, while those living in Dunbar and East Linton were least likely to say they could not afford this (7%).

## Universal Credit

Universal Credit combines six benefits: Working Tax Credit; Child Tax Credit; Housing Benefit; Income Support; Income based Jobseekers Allowance; and, Income related Employment Support Allowance. Not all Universal Credit claimants are seeking work; i.e. they may be in work but require financial assistance through Income Support, Housing Benefit and Working or Child Tax Credit.

Analysis of the latest Credit Claimants data (mid-Apr 2024) shows stark comparison with the pre-COVID data (mid-February 2020). Figure 24 and Table 21 show that the claimant count rose to 9,777 in July 2020 before decreasing to a post lockdown low of 8,506 in May 2022. However, the claimant count has increased steadily since then to 9,821 in March 2024, the highest since lockdown. The number of Universal Credit claimants in East Lothian increased from 5,842 (Feb 2020) to 9,821 (March 2024) – a 68.1% increase. Across Scotland the increase was 108.6%. The ward breakdown (Table 22) shows that Haddington & Lammermuir and North Berwick Coastal wards had the highest increases at 88.9% and 76.4% respectively.

9% of East Lothian's population are in households receiving Universal Credit compared to the Scottish average of 9.7%. North Berwick Coastal ward has the lowest proportion of its population on Universal Credit – 4.5%, compared to Musselburgh and Tranent Wallyford & Macmerry wards with 11.7% and 10.9% respectively.

There has not been a significant change in the proportion of Universal Credit claimants across the wards. The proportion of the total claimants in East Lothian in North Berwick Coastal ward increased from 6.5% to 6.8%, with Haddington & Lammermuir increasing from 14.7% to 16.5%. Tranent Wallyford & MacMerry (25.0%) and Musselburgh (22.6%) are the wards that have the highest proportion of Universal Credit claimants in East Lothian.

In February 2020, 1,668 of the 5,842 Universal Credit claimants were seeking work. The number and percentage of working age population seeking work rose from 1,668 (2.5%) to 3,370 (5.1%) in August 2020 then fell to 1,379 (2.1%) in January 2023 before rising slightly through 2023. In March 2024, there were 1,493 Universal Credit claimants in East Lothian seeking work – 2.2% of the working age population. By comparison, in February 2020, 2.8% of the Scottish working age population was seeking work, 5.6% in August 2023 and 2.9% in March 2024.

Tables 23 and 24 show the changes in Universal Credit seeking work claimants across the wards. NBC increased by 15.0% (from 80 to 92). The other wards all showed decreases of between 4.2% to 20.3%. However, the proportion of job seekers still remains low in NBC at 1.1% of the working age population, compared to 3.2% in Musselburgh.



Figure 24: Universal Credit Claimant Count by Ward (Feb 2020 – March 2024)

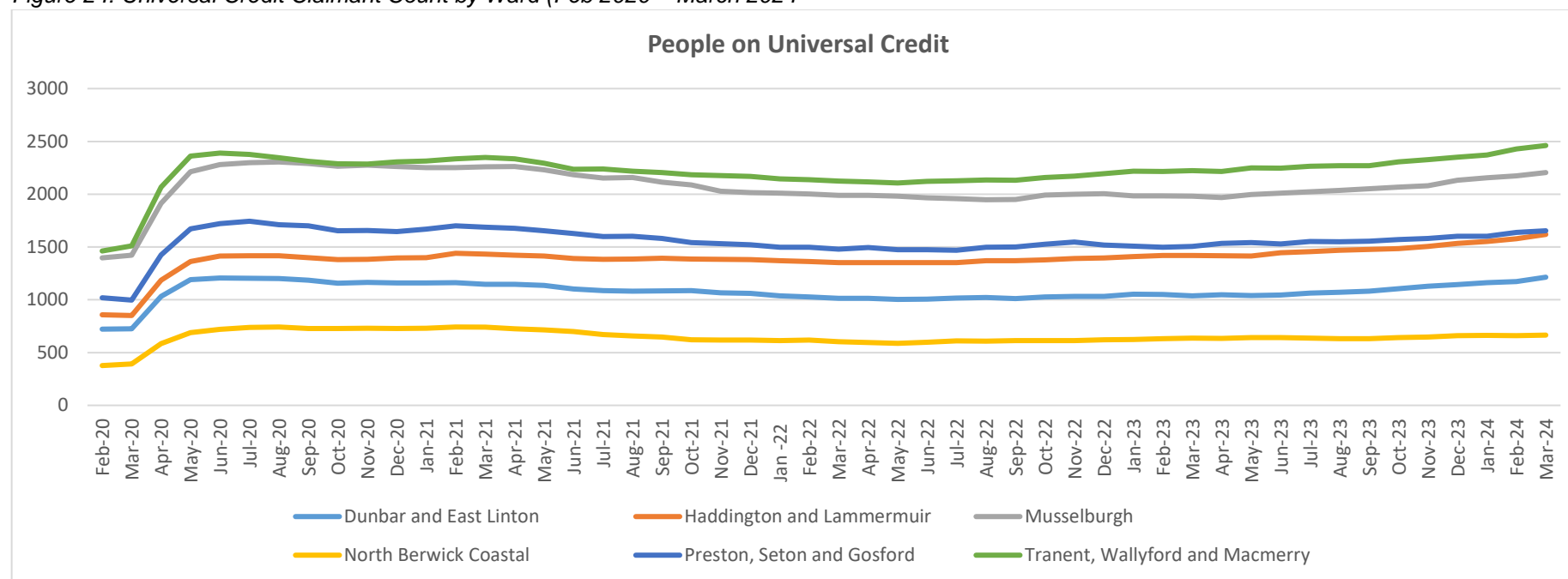


Table 21: Universal Credit Claimants by ward and month (Feb 2020- March 2024)

People on Universal Credit	Feb-20	Apr-20	Jun-20	Jul-20	Oct-20	Feb-21	May-22	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24
Dunbar and East Linton	722	1033	1207	1203	1158	1162	1004	1127	1145	1163	1173	1214
Haddington and Lammermuir	857	1186	1415	1416	1381	1441	1352	1505	1535	1552	1578	1619
Musselburgh	1397	1914	2281	2299	2266	2251	1980	2079	2133	2156	2173	2206
North Berwick Coastal	377	584	719	737	728	742	588	646	660	664	659	665
Preston, Seton and Gosford	1020	1424	1722	1744	1654	1700	1474	1580	1601	1602	1638	1654
Tranent, Wallyford and Macmerry	1462	2066	2390	2377	2289	2336	2107	2326	2350	2371	2429	2461
<b>East Lothian</b>	<b>5842</b>	<b>8205</b>	<b>9724</b>	<b>9777</b>	<b>9492</b>	<b>9627</b>	<b>8506</b>	<b>9258</b>	<b>9419</b>	<b>9506</b>	<b>9651</b>	<b>9821</b>
<b>Scotland</b>	<b>256083</b>	<b>373526</b>	<b>456564</b>	<b>466417</b>	<b>467512</b>	<b>482549</b>	<b>447696</b>	<b>502392</b>	<b>509634</b>	<b>512927</b>	<b>521969</b>	<b>534155</b>

Table 22: Universal Credit Claimants – (Feb 2020 - March 2024)

	Feb-20		March 24				Feb 20 to March 24	
	UC	% of East Lothian	UC	% of East Lothian	% of whole pop	% of working age pop	Increase	Increase %
Dunbar & East Linton	722	12.4%	1,214	12.4%	7.8%	13.0%	492	68.1%
Haddington & Lammermuir	857	14.7%	1,619	16.5%	8.1%	13.5%	762	88.9%
Musselburgh	1397	23.9%	2,206	22.5%	11.7%	18.3%	809	57.9%
North Berwick Coastal	377	6.5%	665	6.8%	4.5%	8.2%	288	76.4%
Preston Seton Gosford	1020	17.5%	1,654	16.8%	9.4%	15.1%	634	62.2%
Tranent, Wallyford & Macmerry	1462	25.0%	2,461	25.1%	10.9%	16.9%	999	68.3%
<b>East Lothian</b>	<b>5842</b>	<b>100.0%</b>	<b>9,821</b>	<b>100.0%</b>	<b>9.0%</b>	<b>14.7%</b>	<b>3,979</b>	<b>68.1%</b>
<b>Scotland</b>	<b>256083</b>	<b>na</b>	<b>534,155</b>	<b>na</b>	<b>9.7%</b>	<b>15.3%</b>	<b>278,072</b>	<b>108.6%</b>

Table 23: Universal Credit Claimants and UC Claimants Seeking Work – (Feb 2020 – March 2024)

	Feb-20					March 24				
	UC	% of East Lothian	Seeking Work	% of East Lothian	Seeking Work as % of UC	UC	% of East Lothian	Seeking Work	% of East Lothian	Seeking Work as % of UC
Dunbar & East Linton	722	12.4%	192	11.5%	26.6%	1214	12.4%	175	11.7%	14.4%
Haddington & Lammermuir	857	14.7%	247	14.8%	28.8%	1619	16.5%	232	15.5%	14.3%
Musselburgh	1397	23.9%	428	25.7%	30.6%	2206	22.5%	387	25.9%	17.5%
North Berwick Coastal	377	6.5%	80	4.8%	21.2%	665	6.8%	85	5.7%	12.8%
Preston Seton Gosford	1020	17.5%	290	17.4%	28.4%	1654	16.8%	228	15.3%	13.8%
Tranent, Wallyford & Macmerry	1462	25.0%	426	25.5%	29.1%	2461	25.1%	397	26.6%	16.1%
<b>East Lothian</b>	<b>5842</b>	<b>100.0%</b>	<b>1668</b>	<b>100.0%</b>	<b>28.6%</b>	<b>9821</b>	<b>100.0%</b>	<b>1493</b>	<b>100.0%</b>	<b>15.2%</b>
<b>Scotland</b>	<b>256083</b>	<b>na</b>	<b>98265</b>	<b>na</b>	<b>38.4%</b>	<b>534155</b>	<b>na</b>	<b>101587</b>	<b>na</b>	<b>19.0%</b>

Table 24: Universal Credit Claimants Seeking Work by Ward as % of working age population (Feb 2020 – March 2024)

	Feb-20	Mar-20	Apr-20	Aug-20	Mar-21	Jan-23	Dec-23	Jan-24	Feb-24	Mar-24	Increase in UC searching for work Feb 20 to Mar 24	
East Lothian	1668	1620	2959	3347	3212	1379	1464	1439	1514	1493	-175	-10.5%
Dunbar & East Linton	2.1%	2.0%	4.1%	4.4%	3.9%	1.7%	1.8%	1.7%	1.8%	1.9%	-17	-8.9%
Haddington & Lammermuir	2.2%	2.0%	3.8%	4.4%	4.3%	1.8%	1.9%	1.8%	2.0%	1.9%	-15	-6.1%
Musselburgh	3.5%	3.5%	5.9%	7.0%	6.8%	2.8%	3.1%	3.1%	3.1%	3.2%	-41	-9.6%
North Berwick Coastal	1.0%	1.2%	2.7%	3.6%	3.0%	1.1%	1.0%	1.0%	1.1%	1.0%	5	6.3%
Preston Seton Gosford	2.6%	2.5%	4.5%	4.9%	5.2%	2.1%	2.2%	2.1%	2.1%	2.1%	-62	-21.4%
Tranent, Wallyford & Macmerry	2.9%	2.9%	5.1%	5.3%	5.1%	2.5%	2.6%	2.6%	2.9%	2.7%	-29	-6.8%
<b>East Lothian (%)</b>	<b>2.5%</b>	<b>2.5%</b>	<b>4.5%</b>	<b>5.1%</b>	<b>4.9%</b>	<b>2.1%</b>	<b>2.2%</b>	<b>2.2%</b>	<b>2.3%</b>	<b>2.2%</b>	<b>-175</b>	<b>-10.5%</b>
<b>Scotland</b>	<b>2.8%</b>	<b>2.8%</b>	<b>4.7%</b>	<b>5.6%</b>	<b>5.4%</b>	<b>2.9%</b>	<b>2.8%</b>	<b>2.8%</b>	<b>2.9%</b>	<b>2.9%</b>	<b>3322</b>	<b>3.4%</b>