

Imagine a Scotland without Gender-Based Violence

The main theme this year has been identified as 'Imagine a Scotland without Gender-Based Violence. This will act as the strapline/ prompt for activities this year. [The 16 Days Toolkit](#) includes a Pledge Card resource where you can add your own reflections on this theme. You can come up with your own questions to inform your activities, but some suggestions are provided below:

Imagine a Scotland without gender-based violence...

- What would you do differently in the daytime and at night?
- What would it feel like to walk down the street in the dark and not be worried about someone behind you?
- How would your life change or be different?
- What would it feel like not to be commented on in the street?
- What would it mean for the economy?
- What would it mean for your children?
- Would we be healthier?
- What would be different for boys?
- How would you raise/what would you say to your daughters/sons if you knew there was no more gender-based violence in Scotland?
- What would your relationships be like?
- How would you feel?
- How do you feel social media impacts on gender-based violence in your life?
- Is there anything you would feel able to do if GBV did not exist?